

NORFOLK SCHOOLS TRACK AND FIELD CHAMPIONSHIPS - 8TH JUNE 2024

3000m								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	231	Michael Clark	Wymondham Colle	CoNAC	U17	Male	08:43.3
2	1	270	Harry Smith	Notre Dame Sixth F	CoNAC	U20	Male	08:51.6
3	2	230	Max Parsley	Fakenham Academy	CoNAC	U17	Male	09:40.6
4	1	262	Sarah Barrett	Notre Dame High Sc	CoNAC	U20	Female	10:16.8

75m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	45	Rebecca Johnson	King Edward VII Aca	WNAC	U15	Female	11.6
2	2	25	Grace Doran	Thorpe St Andrew s	CoNAC	U15	Female	11.9

80m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	171	Isla Hibbett	Hethersett Academ	CoNAC	U17	Female	13.5
2	1	120	Oscar Russell	Wymondham Colle	0	U15	Male	14.0

100m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	213	George Smith	Grest Yarmouth Ch	GYDAC	U17	Male	14.7
2	1	257	Isabelle Mardle	Norwich School	CoNAC	U20	Female	15.6
3	2	261	Rose Fairhurst	Sir Isaac Newton six	CoNAC	U20	Female	18.1

110m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	269	Finlay Barnard	Taverham Sixth For	CoNAC	U20	Male	15.9

100m Junior girls heat 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	20	Ellie Warman	Reepham High School	CoNAC	U15	Female	12.7
2	2	16	Darcie Holmes	Hethersett Academy	CoNAC	U15	Female	13.7
3	3	17	Eleana Osifo-Doe	Notre dame high school	0	U15	Female	14.2
4	4	6	Angelina Bada	Wymondham College	0	U15	Female	14.8
5	5	8	Ava Shannon	Norwich School	0	U15	Female	14.9

100m Junior girls heat 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	31	Lexi Ford	Dereham Neatherd	0	U15	Female	14.2
2	2	30	Katie Johnson	Wayland academy	0	U15	Female	14.9
3	3	37	Molly Martin	Town Close School	0	U15	Female	15.7

100m Junior girls heat 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	45	Rebecca Johnson	King Edward VII Academy	WNAC	U15	Female	13.5
2	2	39	Mia Brackenbury	Thorpe St Andrews	CoNAC	U15	Female	14.6
3	3	52	Tara Cummings	Reepham High School	CoNAC	U15	Female	14.8
4	4	43	Myley Gilboy	Springwood	WNAC	U15	Female	15.2
5	5	46	Saanvi Rao	Jane Austen college	0	U15	Female	17.4

100m Junior boys heat 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	80	Corben Pollard	Cliff park Ormiston	GYDAC	U15	Male	11.9
2	2	95	Isaac Mak	Norwich School	0	U15	Male	13.1
3	3	99	James Gale	Town Close School	0	U15	Male	13.7
4	4	97	Jacob Hughes	Jane Austen College	0	U15	Male	13.7
5	5	93	Henry Dye	Langley senior school	0	U15	Male	14.2

100m Junior boys heat 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	110	Lewis Chambers	Wymondham College	CoNAC	U15	Male	12.0
2	2	104	Johnnie Olusanya	Gresham's	0	U15	Male	12.3
3	3	102	Jameson Chard	Dereham Northgate	Dereham Run	U15	Male	13.5
4	4	101	James Stonehouse	Norwich School	0	U15	Male	13.9
5	5	105	Joshua Rumsby	Thorpe St Andrew H	CoNAC	U15	Male	14.3

100m Junior boys heat 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	126	Roland Watson	Gresham's	0	U15	Male	12.5
2	2	125	Robert Nicholls	Jane Austen College	0	U15	Male	13.8
3	3	118	Oliver Gayton	King Edward VII Sch	WNAC	U15	Male	14.3
4	4	130	Stanley Underwood	Dereham Neatherd	Dereham Run	U15	Male	14.9

100m Intergirls heat 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	162	Ella Goldring	Alderman Peel High	Ryston Runne	U17	Female	13.0
2	2	155	Amy Fielding	Flegg High	GYDAC	U17	Female	13.1
3	3	159	Bethany Rumsby	Thorpe St Andrew H	0	U17	Female	14.3

100m Intergirls heat 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	177	Maizie Boylan	Flegg high school	GYDAC	U17	Female	12.6
2	2	183	Poppy Francis	Norwich School	0	U17	Female	14.4
3	3	176	Lucy Webster	Norwich School	0	U17	Female	15.3
4	4	186	Sophia Betts	Norwich School	0	U17	Female	15.7
5	5	187	Sophia Molineux	Norwich School	0	U17	Female	16.4
6	6	188	Tabitha Raby	Jane Austen College	0	U17	Female	28.6

100m Interboys final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	200	Alecks Whyte	Lynn Grove Academ	GYDAC	U17	Male	11.2
2	2	237	Ronnie Tubby	Ormiston Venture A	0	U17	Male	11.5
3	3	236	Olly Bayfield	Norwich School	0	U17	Male	11.9
4	4	204	Archie Hannent	Framingham Earl H	CoNAC	U17	Male	12.3
5	5	225	Leon Royle	Wymondham High	CoNAC	U17	Male	12.3
6	6	213	George Smith	Grest Yarmouth Ch	GYDAC	U17	Male	12.4
7	7	202	Alfie Bull	Ormiston Venture A	GYDAC	U17	Male	12.5
8	8	235	Oliver McLean	Wymondham High	CoNAC	U17	Male	13.8

400m Interboys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	223	Jude Linstead	Thorpe St Andrew s	CoNAC	U17	Male	53.3
2	2	222	Jonathan Crowle	Thorpe St Andrew	CoNAC	U17	Male	54.6
3	3	240	Theo Hunter	Norwich School	0	U17	Male	67.0

400m Senior boys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	278	Thomas O'Neill	Norwich School	CoNAC	U20	Male	56.0
2	2	265	Chad Akili	Notre Dame High S	CoNAC	U20	Male	59.6

100m Junior girls final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	20	Ellie Warman	Reepham High Sch	CoNAC	U15	Female	12.7
2	2	45	Rebecca Johnson	King Edward Vii Aca	WNAC	U15	Female	13.0
3	3	16	Darcie Holmes	Hethersett Academ	CoNAC	U15	Female	13.5
4	4	31	Lexi Ford	Dereham Neatherd	0	U15	Female	14.0
5	5	17	Eleana Osifo-Doe	Notre dame high sc	0	U15	Female	14.2
6	6	39	Mia Brackenbury	Thorpe St Andrews	CoNAC	U15	Female	14.7

100m Intergirls final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	177	Maizie Boylan	Flegg high school	GYDAC	U17	Female	12.5
2	2	162	Ella Goldring	Alderman Peel High	Ryston Runne	U17	Female	12.8
3	3	155	Amy Fielding	Flegg High	GYDAC	U17	Female	13.1
4	4	183	Poppy Francis	Norwich School	0	U17	Female	13.4
5	5	176	Lucy Webster	Norwich School	0	U17	Female	15.2

100m Junior boys final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	80	Corben Pollard	Cliff park Ormiston	GYDAC	U15	Male	11.6
2	2	110	Lewis Chambers	Wymondham Colle	CoNAC	U15	Male	11.9
3	3	128	Samuel Gibson	Jane Austen	0	U15	Male	12.2
4	4	104	Johnnie Olusanya	Gresham's	0	U15	Male	12.8
5	5	102	Jameson Chard	Dereham Northgate	Dereham Run	U15	Male	13.1
6	6	95	Isaac Mak	Norwich School	0	U15	Male	13.3

100m Seniors final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	268	Ethan Ellis	Wymondham High	CoNAC	U20	Male	10.9
2	2	276	Oliver Shipp	Norwich School	0	U20	Male	11.0
3	3	273	Louis Labonte	East Norfolk Sixth fo	GYDAC	U20	Male	11.3
4	1	253	Evie Patrick	Reepham College	CoNAC	U20	Female	12.6

400m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	269	Finlay Barnard	Taverham Sixth For	CoNAC	U20	Male	60.6

300m hurdles								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	171	Isla Hibbett	Hethersett Academ	CoNAC	U17	Female	52.0
2	2	160	Charlotte Gilding	Framingham Earl H	CoNAC	U17	Female	52.4

300m Junior girls heat 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	21	Emily Doran	Thorpe St Andrew s	CoNAC	U15	Female	44.3
2	2	2	Adeola Arole	Gresham's	0	U15	Female	45.7
3	3	25	Grace Doran	Thorpe St Andrew s	CoNAC	U15	Female	46.6
4	4	47	Saffron Howell	Aylsham high scho	NNH	U15	Female	48.0
5	5	7	Anya Faithorn	Smithdon High Sch	WNAC	U15	Female	51.7
6	6	50	Sorana Nakajima	Jane Austen College	0	U15	Female	59.1
7	7	42	Miriam Moukdad	Jane Austen College	0	U15	Female	60.4

800m Junior girls								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	56	Violet Brooke	Long Stratton high	CoNAC	U15	Female	2:30.5
2	2	23	Evie Greenhalf	Hobart High School	0	U15	Female	2:37.8
3	3	22	Eva Townshend	Alysham high scho	NNH	U15	Female	2:38.4
4	4	5	Anastasja Wall	Dereham Neatherd	0	U15	Female	2:46.8
5	5	9	Ava Todd	Ormiston Venture A	GYDAC	U15	Female	2:48.6
6	6	53	Tessa McNamara	Town Close School	0	U15	Female	2:49.3
7	7	34	Lily Goddard	Thorpe St Andrew H	CoNAC	U15	Female	2:51.3

800m Intergirls and Senior girls								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	184	Rosie Dickety	Aylsham High Scho	CoNAC	U17	Female	2:18.9
2	2	169	Georgia Shirley	Thorpe St Andrew S	CoNAC	U17	Female	2:19.9
3	1	252	Esme Jonas	Sir Isaac Newton Six	NNH	U20	Female	2:28.1
4	3	158	Beatrice Green	Dereham Neatherd	Dereham Run	U17	Female	2:30.7
5	4	157	Ava Mears	Reepham high scho	NNH	U17	Female	2:31.2
6	2	260	Millie Adams	Notre Dame Sixth F	CoNAC	U20	Female	2:34.5
7	5	152	Amber Goddard	Thorpe St Andrew H	CoNAC	U17	Female	2:35.6
8	6	156	Asha Kandola	Open Academy	CoNAC	U17	Female	2:36.5
9	7	181	Olivia Allen	Broadland High Orr	NNH	U17	Female	2:48.8

800m Junior boys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	134	Vito Machin	Wymondham Colle	CoNAC	U15	Male	2:17.9
2	2	73	Alfie Sparkes	Wymondham Colle	CoNAC	U15	Male	2:19.7
3	3	121	Oscar Thorell	Wymondham Colle	0	U15	Male	2:24.6
4	4	116	Oliver Alexander	Cliff park ormiston	GYDAC	U15	Male	2:26.4
5	5	135	Zach Montgomery	Thorpe St. Andrew	0	U15	Male	2:33.7
6	6	98	James Ashton	City of Norwich Sch	CoNAC	U15	Male	2:33.8
7	7	92	Harry Woodgett	Dereham Neatherd	Dereham Run	U15	Male	2:35.0
8	8	72	Aidan Howard	King Edward VII	WNAC	U15	Male	2:38.6
9	9	118	Oliver Gayton	King Edward VII Sch	WNAC	U15	Male	2:50.9

800m Interboys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	244	Will Percival	Wymondham High	CoNAC	U17	Male	1:57.9
2	2	221	Jedd Atkinson	Reepham High Schd	NNH	U17	Male	1:59.3
3	3	234	Mpaji Rose-Brown	CNS	CoNAC	U17	Male	2:00.1
4	4	210	Finlay Haynes	Wymondham High	CoNAC	U17	Male	2:03.8
5	5	206	Cameron Wedon	Lynn Grove	WVAC	U17	Male	2:07.3
6	6	226	Leonardo Gegaj	Notredame High Sc	CoNAC	U17	Male	2:17.0
7	7	214	Harvey Moore	Taverham high schd	CoNAC	U17	Male	2:23.0

200m Junior girls final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	20	Ellie Warman	Reepham High Schd	CoNAC	U15	Female	26.6
2	2	15	Danalyn Duah	Wymondham Colle	0	U15	Female	29.9
3	3	31	Lexi Ford	Dereham Neatherd	0	U15	Female	30.1
4	4	57	Zoe Slater	Gresham's	0	U15	Female	30.9
5	5	35	Livia Groombridge	Sprowston High Sch	0	U15	Female	31.1
6	6	49	Siena Bullimore	Flegg High	GYDAC	U15	Female	31.6
7	7	11	Betty Appleton	Wymondham High	CoNAC	U15	Female	31.9
8	8	43	Myley Gilboy	Springwood	WNAC	U15	Female	35.0

200m Intergirls final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	177	Maizie Boylan	Flegg high school	GYDAC	U17	Female	25.6
2	2	162	Ella Goldring	Alderman Peel High	Ryston Runne	U17	Female	26.7
3	3	173	Lillian Manson	Reepham High scho	CoNAC	U17	Female	28.5
4	4	159	Bethany Rumsby	Thorpe St Andrew H	0	U17	Female	30.0
5	5	183	Poppy Francis	Norwich School	0	U17	Female	30.6
6	6	187	Sophia Molineux	Norwich School	0	U17	Female	34.9

200m Junior boys heat 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	80	Corben Pollard	Cliff park Ormiston	GYDAC	U15	Male	24.5
2	2	70	Aamil Ganiyu	Wymondham colle	CoNAC	U15	Male	29.4
3	3	79	Bertie Beck	Beeston Hall Schoo	0	U15	Male	29.8
4	4	71	Abhinav Mariyappa	Jane Austen College	0	U15	Male	37.0

200m Junior boys heat 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	110	Lewis Chambers	Wymondham Colle	CoNAC	U15	Male	24.4
2	2	89	Harry Croft	Norwich School	0	U15	Male	27.5
3	3	91	Harry Sayer	Hellesdon High Sch	CoNAC	U15	Male	27.9
4	4	97	Jacob Hughes	Jane Austen College	0	U15	Male	28.6
5	5	111	Luca Ciarleglio	Cromer academy	0	U15	Male	29.7

200m Junior boys heat 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	126	Roland Watson	Gresham's	0	U15	Male	26.3
2	2	113	Matthew Christophi	Gresham's	0	U15	Male	30.0
3	3	130	Stanley Underwood	Dereham Neatherd	Dereham Run	U15	Male	31.4
4	4	122	Reggie Seymour	Cromer Academy	0	U15	Male	36.0

200m Interboys final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	200	Alecks Whyte	Lynn Grove Academ	GYDAC	U17	Male	22.8
2	2	236	Olly Bayfield	Norwich School	0	U17	Male	23.8
3	3	222	Jonathan Crowle	Thorpe St Andrew	CoNAC	U17	Male	24.3
4	4	202	Alfie Bull	Ormiston Venture A	GYDAC	U17	Male	24.6
5	5	219	Jack Waring	Norwich School	0	U17	Male	25.7
6	6	229	Marcus Wood	Reepham high scho	0	U17	Male	27.0

1500m steeplechase 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	256	Isabella Williams	City of Norwich Sch	CoNAC	U20	Female	5:47.0

1500m steeplechase 2 (**76.2cm height)								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	201	Alfie Bone	Lynn Grove Academ	WVAC	U17	Male	4:57.6

300m Junior boys and Intergirls final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	155	Amy Fielding	Flegg High	GYDAC	U17	Female	44.7
2	1	125	Robert Nicholls	Jane Austen College	0	U15	Male	45.2
3	2	102	Jameson Chard	Dereham Northgate	Dereham Run	U15	Male	46.0
4	3	70	Aamil Ganiyu	Wymondham colle	CoNAC	U15	Male	46.5
5	2	188	Tabitha Raby	Jane Austen College	0	U17	Female	1:47.0

1500m Junior girls								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	32	Lexie Heather	Reepham High Scho	CoNAC	U15	Female	5:09.9
2	2	54	Trixie Brun	Beeston Hall	0	U15	Female	5:14.2
3	3	35	Livia Groombridge	Sprowston High Sch	0	U15	Female	5:38.5
4	4	24	Faith Turner	Smithdon High Sch	WNAC	U15	Female	5:58.7
5	5	44	Niamh Mcauley	Norwich School	0	U15	Female	6:03.7

1500m Intergirls and Senior girls								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	250	Bea Wells	Norwich School	0	U20	Female	5:14.1
2	2	175	Lottie Hood	Gresham's	0	U17	Female	5:20.5
3	3	180	Minnie Andrews	Norwich School	0	U17	Female	5:24.2
4	4	168	Evie Clayton	Litcham High School	WNAC	U17	Female	5:38.0
5	5	154	Amelie Ivie	Norwich School	0	U17	Female	5:38.1
6	6	167	Eva Eccles	Hethersett academy	BVH	U17	Female	5:44.2
7	7	164	Eloise Edridge	Aylsham High school	NNH	U17	Female	5:50.1

1500m Junior boys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	85	Finley Winship	Langley Prep School	CoNAC	U15	Male	4:43.6
2	2	84	Ethan Ward	St Clement's High	WNAC	U15	Male	4:48.6
3	3	106	Joshua Tinsdale	Sheringham high school	NNH	U15	Male	4:51.3
4	4	90	Harry Doran	Lynn Grove Academy	GYDAC	U15	Male	4:52.5
5	5	117	Oliver Boyce	Taverham High School	NRR	U15	Male	4:56.1
6	6	132	Thomas Murray	Alderman Peel High	WNAC	U15	Male	5:06.2
7	7	124	Riley Cozens	Langley School	St Eds	U15	Male	5:10.3
8	8	103	John Whitefoot	Thorpe St. Andrew	0	U15	Male	5:17.1
9	9	96	Jack Mellor	Gresham's	0	U15	Male	5:19.1
10	10	111	Luca Ciarleglio	Cromer academy	0	U15	Male	5:32.8
11	11	122	Reggie Seymour	Cromer Academy	0	U15	Male	6:31.5

1500m Interboys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	231	Michael Clark	Wymondham College	CoNAC	U17	Male	4:09.5
2	2	205	Billy Eccles	Hethersett academy	BVH	U17	Male	4:22.0
3	3	212	Fletcher James	Notre Dame High School	CoNAC	U17	Male	4:30.7
4	4	216	Henry Ashton	City of Norwich School	CoNAC	U17	Male	4:32.7
5	5	238	Seth Burch	Broadland Ormiston	CoNAC	U17	Male	4:39.2
6	6	209	Charlie Perry	Thorpe St Andrew	CoNAC	U17	Male	4:45.8
7	7	233	Milo Debbage	Broadland High School	NNH	U17	Male	4:58.7
8	8	211	Finn Kaiser	Norwich School	0	U17	Male	5:14.5
9	9	218	Jack Peacock	Norwich School	0	U17	Male	5:33.5

1500m Senior boys								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	281	Zachary Dunne	Notre Dame High School	CoNAC	U20	Male	4:04.7
2	2	279	Tim Bongaerts	City of Norwich School	CoNAC	U20	Male	4:18.2
3	3	265	Chad Akili	Notre Dame High School	CoNAC	U20	Male	4:45.5

200m junior boys final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	80	Corben Pollard	Cliff park Ormiston	GYDAC	U15	Male	24.1
2	2	110	Lewis Chambers	Wymondham College	CoNAC	U15	Male	25.2
3	3	126	Roland Watson	Gresham's	0	U15	Male	25.5
4	4	89	Harry Croft	Norwich School	0	U15	Male	27.6
5	5	97	Jacob Hughes	Jane Austen College	0	U15	Male	28.8
6	6	70	Aamil Ganiyu	Wymondham college	CoNAC	U15	Male	29.9

200m seniors final								
Position	Category position	Bib	Name	School	Club	Category	Gender	Time
1	1	276	Oliver Shipp	Norwich School	0	U20	Male	22.8
2	2	278	Thomas O'Neill	Norwich School	CoNAC	U20	Male	24.9
3	3	280	William Scates	Wymondham College	CoNAC	U20	Male	54.1

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Long jump 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	268	Ethan Ellis	Wymondham High	CoNAC	U20	Male	6.41
2	2	277	Ryan Wood	Reepham college	CoNAC	U20	Male	5.49
3	1	203	Archie Crow	Acle Academy	0	U17	Male	5.40
4	2	229	Marcus Wood	Reepham high scho	0	U17	Male	5.24
5	3	207	Charlie Broad	Downham Market A	CoNAC	U17	Male	5.14

Hammer

Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	174	Lilymae Coote	Flegg	GYDAC	U17	Female	48.98
2	1	241	Thomas Norkett	Thetford Academy	Thetford AC	U17	Male	42.18
3	1	100	James Lupton	Taverham High	CoNAC	U15	Male	32.40
4	2	87	George Dodds	Langley	CoNAC	U15	Male	32.03
5	1	12	Chloe Ainsworth	Lynn Grove Academ	GYDAC	U15	Female	27.50
6	3	82	Edward Schooley	Wymondham Colle	0	U15	Male	21.16
7	4	109	Leon Pullen	The Thetford Acade	Thetford AC	U15	Male	20.95

Discus 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	275	Maximilian Brookes	Diss Sixth Form	WSAC	U20	Male	34.00
2	1	245	William Lupton	Taverham High	CoNAC	U17	Male	33.57
3	2	241	Thomas Norkett	Thetford Academy	Thetford AC	U17	Male	31.58
4	1	259	Maddy Powles-Warren	CNS	CoNAC	U20	Female	26.44
5	3	211	Finn Kaiser	Norwich School	0	U17	Male	22.98
6	1	34	Lily Goddard	Thorpe St Andrew H	CoNAC	U15	Female	14.85
7	2	38	Maisie Powles-Warren	Hethersett Academ	CoNAC	U15	Female	13.38

Long jump 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	100	James Lupton	Taverham High	CoNAC	U15	Male	5.66
2	2	74	Austin Baker	Gresham's	0	U15	Male	5.00
3	3	115	Max Buckingham	Gresham's	0	U15	Male	4.69
4	4	92	Harry Woodgett	Dereham Neatherd	Dereham Run	U15	Male	4.59
5	5	127	Rufus Snelling	Norwich School	0	U15	Male	4.58
6	6	77	Ben Lowe	Norwich School	0	U15	Male	4.49
7	7	105	Joshua Rumsby	Thorpe St Andrew H	CoNAC	U15	Male	4.27
8	8	112	Marco Newbury	Beeston Hall	0	U15	Male	4.25
9	9	124	Riley Cozens	Langley School	St Eds	U15	Male	4.19
10	10	72	Aidan Howard	King Edward VII	WNAC	U15	Male	3.86

High jump 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	78	Benjamin Henshall	Wymondham colle	0	U15	Male	1.55
2	2	89	Harry Croft	Norwich School	0	U15	Male	1.45
3	4	104	Johnnie Olusanya	Gresham's	0	U15	Male	1.40
4	3	135	Zach Montgomery	Thorpe St. Andrew	0	U15	Male	1.40
5	5	74	Austin Baker	Gresham's	0	U15	Male	1.35
6	6	129	Seb Musitelli	Town Close School	0	U15	Male	1.25

Discus 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	123	Reuben Alexander	Gresham's	0	U15	Male	32.14
2	2	108	Krish Chilleystone	Wymondham Colle	0	U15	Male	29.35
3	3	119	Ollie Winkworth	Thorpe St Andrew H	0	U15	Male	21.40
4	4	79	Bertie Beck	Beeston Hall Schoo	0	U15	Male	22.10

Long jump 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	251	Caitlin Bell	Lord Nelson Sixth F	CoNAC	U20	Female	5.28
2	1	179	Mia Squires	Lynn Grove Academ	GYDAC	U17	Female	5.21
3	2	254	Freya Knight	Dereham Sixth Forr	Ryston	U20	Female	4.83
4	2	173	Lillian Manson	Reepham High scho	CoNAC	U17	Female	4.60
5	3	172	Leonie Pensaert-Contris	Gresham's	0	U17	Female	3.92
6	4	182	Phoebe Betts	Gresham's	0	U17	Female	3.73
7	5	161	Drew Wilson	Gresham's	0	U17	Female	3.39
8	6	176	Lucy Webster	Norwich School	0	U17	Female	3.29
9	7	186	Sophia Betts	Norwich School	0	U17	Female	3.13

High jump 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	33	Lily Ganley	Hethersett Academ	CoNAC	U15	Female	1.30
2	1	166	Essie Jones	Gresham's	0	U17	Female	1.30
3	2	182	Phoebe Betts	Gresham's	0	U17	Female	1.30
4	2	11	Betty Appleton	Wymondham High	CoNAC	U15	Female	1.20
5	3	24	Faith Turner	Smithdon High Sch	WNAC	U15	Female	1.10

Shot 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	40	Minnie Richardson	Norwich School	0	U15	Female	9.56
2	1	259	Maddy Powles-Warren	CNS	CoNAC	U20	Female	9.38
3	2	15	Danaly Duah	Wymondham Colle	0	U15	Female	8.23
4	3	12	Chloe Ainsworth	Lynn Grove Academ	GYDAC	U15	Female	7.31
5	4	55	Victory Yimga	Jane Austen	0	U15	Female	6.54
6	5	49	Siena Bullimore	Flegg High	GYDAC	U15	Female	6.23
7	6	48	Sammi Wu	Jane Austen College	0	U15	Female	5.19

Javelin 1								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	204	Archie Hannent	Framingham Earl H	CoNAC	U17	Male	49.70
2	2	245	William Lupton	Taverham High	CoNAC	U17	Male	48.04
3	1	274	Louis Preston	Easton College	Dereham Run	U20	Male	38.67
4	1	75	Ben Beardshaw	Gresham's	0	U15	Male	34.72
5	3	215	Haydn Docherty	Wymondham Colle	N/A	U17	Male	25.32
6	2	84	Ethan Ward	St Clement's High	WNAC	U15	Male	22.52
7	4	232	Micheal Ali	Jane Austen college	0	U17	Male	20.87
8	3	109	Leon Pullen	The Thetford Acade	Thetford AC	U15	Male	20.63

High jump 3								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	246	Alfie Hogston	Wymondham Colle	0	U17	Male	1.65
2	1	203	Archie Crow	Acle Academy	0	U17	Male	1.65
3	2	243	Tom Hardy	Norwich School	0	U17	Male	1.60
4	1	205	Billy Eccles	Hethersett academ	BVH	U17	Male	1.55
5	1	264	Billy Francis	Norwich School	CoNAC	U20	Male	1.55
6	1	256	Isabella Williams	City of Norwich Sch	CoNAC	U20	Female	1.48
7	2	254	Freya Knight	Dereham Sixth Forr	Ryston	U20	Female	1.30

Long jump 4								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	16	Darcie Holmes	Hethersett Academ	CoNAC	U15	Female	4.70
2	2	33	Lily Ganley	Hethersett Academ	CoNAC	U15	Female	4.65
3	3	17	Eleana Osifo-Doe	Notre dame high sc	0	U15	Female	4.37
4	4	21	Emily Doran	Thorpe St Andrew s	CoNAC	U15	Female	4.23
5	5	47	Saffron Howell	Aylsham high scho	NNH	U15	Female	4.10
6	6	30	Katie Johnson	Wayland academy	0	U15	Female	3.85
7	7	53	Tessa McNamara	Town Close School	0	U15	Female	3.21

Shot 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	207	Charlie Broad	Downham Market A	CoNAC	U17	Male	12.38
2	1	275	Maximilian Brookes	Diss Sixth Form	WSAC	U20	Male	11.97
3	1	108	Krish Chilleystone	Wymondham Colle	0	U15	Male	11.46
4	2	87	George Dodds	Langley	CoNAC	U15	Male	11.26
5	3	119	Ollie Winkworth	Thorpe St Andrew H	0	U15	Male	10.89
6	2	228	Lewis Barker	Aylsham High	0	U17	Male	10.55
7	1	160	Charlotte Gilding	Framingham Earl H	CoNAC	U17	Female	10.41
8	3	239	Sonny Smith	Framingham Earl H	0	U17	Male	9.72
9	4	113	Matthew Christophi	Gresham's	0	U15	Male	7.90

Javelin 2								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	255	Hollie Willeard	East Coast College	GYDAC	U20	Female	39.24
2	1	174	Lilymae Coote	Flegg	GYDAC	U17	Female	37.82
3	2	151	Aggie Long	Litcham school	CoNAC	U17	Female	35.34
4	2	257	Isabelle Mardle	Norwich School	CoNAC	U20	Female	31.53
5	1	28	Jennifer Mardle	Norwich School	CoNAC	U15	Female	27.29
6	2	7	Anya Faithorn	Smithdon High Sch	WNAC	U15	Female	22.67
7	3	38	Maisie Powles-Warren	Hethersett Academ	CoNAC	U15	Female	22.07
8	4	6	Angelina Bada	Wymondham Colle	0	U15	Female	13.92
9	5	41	Mirabel Ali	Jane Austen college	0	U15	Female	10.33
10	6	55	Victory Yimga	Jane Austen	0	U15	Female	8.85

Triple jump								
Position	Category position	Bib	Name	School	Club	Category	Gender	Distance
1	1	277	Ryan Wood	Reepham college	CoNAC	U20	Male	12.23
2	2	264	Billy Francis	Norwich School	CoNAC	U20	Male	11.12
3	1	246	Alfie Hogston	Wymondham Colle	0	U17	Male	10.91
4	3	251	Caitlin Bell	Lord Nelson Sixth F	CoNAC	U20	Female	10.59
5	1	78	Benjamin Henshall	Wymondham colle	0	U15	Male	10.37
6	2	219	Jack Waring	Norwich School	0	U17	Male	10.20
7	2	112	Marco Newbury	Beeston Hall	0	U15	Male	9.68
8	3	91	Harry Sayer	Hellesdon High Sch	CoNAC	U15	Male	8.86