

Norfolk Schools Athletic Association Championships 2024 Saturday 8th June - Sports park, Norwich, NR4 7TJ

Thank you for entering the Norfolk Schools Athletics Championships.

ESSENTIAL INFORMATION FOR SATURDAY:

1. Check the time of your events on the next page of this document.
2. Arrive in enough time to collect your bib numbers, warm-up sufficiently and be on time for the start of your event - ensure you are by your event area 10mins before the allocated start time.
3. For races where there are heats planned, if there are insufficient number (due to less people attending) then a straight final will be held in place of the heat – please listen carefully to the marksman by the start line of your race. If an athlete qualifies for the final, the results sheet will indicate this with a 'q' next to the result. Please check post race for qualification.
4. Athletes will receive 4 attempts in the throws and horizontal jumps.
5. Medals will be handed out at the end of each competition for field events, and ASAP after track race finals.

NOTE: STARTING BLOCKS CAN ONLY BE USED IN FINAL - NOT ALLOWED IN HEATS AS PER ENGLISH SCHOOLS AA RULES

Track events take priority over field, therefore please ensure you inform the field judge at your event you are leaving to race if you have a clash. They will do their best to fit you in when you return. DO NOT walk across the infield on the middle of the track, walk around the outside at all times. Parking is free on site, there is the main UEA campus car park (take a token) and also the Sports park car park (take a ticket) – validate either your token or ticket at reception when you leave.

ANGLIAN SCHOOLS SELECTION POLICY:

The first and second placed athletes in each track and field final will receive an Anglian Schools selection letter. Each County can enter up to 2 athletes in each event at the Anglian Schools Championships. No one will be selected in an event at the Anglian Schools that they do not compete in at the Norfolk Schools.

Norfolk Schools Statement regarding the Anglian Schools / Southern Athletic League date clash and potential English Schools Selection:

If a Senior age group athlete cannot compete in the Norfolk Schools championships due to them wanting to compete in a higher standard of competition elsewhere such as the SEAA Championships then we would ask that they compete in the Anglian Schools championships if they would like to be considered for selection for the Norfolk Schools AA team to go to the ESAA Championships in July.

If a senior age group athlete competes at the Norfolk Schools championships then it is fine for them to miss the Anglian Schools Championships if they would like to compete for their club in the SAL on Saturday June 15th. They have in this situation competed in and supported one of

Norfolk Schools track and field championships 2024

Time	Event	Athletes
11:00	3000m	7
11:20	JG 75m hurdles	4
11:27	IG & JB 80m hurdles	3
11:34	IB & SG 100m hurdles	3
11:41	SB 110m hurdles	1
11:50	100m JG H1	6
11:54	100m JG H2	6
11:58	100m JG H3	6
12:02	100m JB H1	6
12:06	100m JB H2	6
12:10	100m JB H3	5
12:14	100m IG H1	7
12:18	100m IG H2	6
12:22	100m IB H1	5
12:26	100m IB H2	5
12:35	400m IB	5
12:40	400m SG & SB	5
12:50	100m JG final	6
12:54	100m IG final	6
12:58	100m JB final	6
13:02	100m IB final	6
13:06	100m SG & SB final	6
13:25	400m hurdles	1
13:30	300m hurdles	2
13:40	300m JG H1	7
13:45	300m JG H2	5
13:55	800m JG	10
14:01	800m IG & SG	11
14:07	800m JB	11
14:12	800m IB	9
14:25	200m JG H1	5
14:29	200m JG H2	5
14:33	200m IG H1	4
14:37	200m IG H2	4
14:41	200m JB H1	6
14:45	200m JB H2	6
14:49	200m JB H3	5
14:53	200m IB H1	5
14:57	200m IB H2	4
15:10	1500m steeplechase SG	1
15:20	1500m steeplechase IB	1
15:30	300m JG final	8
15:35	300m JB & IG final	6
15:45	1500m JG	8
15:53	1500m IG & SG	8

16:01	1500m JB	13
16:08	1500m IB	11
16:15	1500m SB	5
16:25	200m JG finals	6
16:30	200m IG finals	6
16:35	200m JB finals	6
16:40	200m IB finals	6
16:45	200m SB & SG final	4

Time	Event	Athletes
10:45	Hammer - All	7
10:45	Long jump 1 - IB & SB	5
11:35	Long jump 2 - JB	14
11:45	Discus 1 - JG & IB & SG & SB	6
12:30	High jump 1	9
12:45	Discus 2 - JB	7
13:30	Long jump 3 - IG & SG	11
13:30	High jump 2	9
13:15	Shot 1 - JG & SG	10
14:15	Javelin 1 - JB & IB & SB	11
14:30	High jump 3	6
14:30	Long jump 4 - JG	10
15:00	Shot 2 - JB & IB & IG & SB	12
15:30	Javelin 2 - JG & IG & SG	12
15:45	Triple jump - All	9

TRACK ENTRIES

3000m					
	Name	School/College	Club	Gender	Age
230	Max Parsley	Fakenham Academy	CoNAC	Male	U17
242	Tobias Neale	Sheringham High School	North Norfolk	Male	U17
231	Michael Clark	Wymondham College	CoNAC	Male	U17
262	Sarah Barrett	Notre Dame High School	CoNAC	Female	U20
281	Zachary Dunne	Notre Dame High School	CoNAC	Male	U20
266	Corben Reynolds	Sir Isaac Newton East	Great Yarmou	Male	U20
270	Harry Smith	Notre Dame Sixth Form	CoNAC	Male	U20
JG 75m hurdles					
	Name	School/College	Club	Gender	Age
25	Grace Doran	Thorpe St Andrew school and	CoNAC	Female	U15
45	Rebecca Johnson	King Edward Vii Academy	WNAC	Female	U15
19	Ellie Smith	Wymondham College		Female	U15
28	Jennifer Mardle	Norwich School	CoNAC	Female	U15
IG & JB 80m hurdles					
	Name	School/College	Club	Gender	Age
171	Isla Hibbett	Hethersett Academy	CoNAC	Female	U17
86	Gabriel Papathanasiou	Langley senior		Male	U15
120	Oscar Russell	Wymondham College		Male	U15
IB & SG 100m hurdles					
	Name	School/College	Club	Gender	Age
213	George Smith	Grest Yarmouth Charter Acad	GYDAC	Male	U17
257	Isabelle Mardle	Norwich School	CoNAC	Female	U20
261	Rose Fairhurst	Sir Isaac Newton sixth form	CoNAC	Female	U20
SB 110m hurdles					
	Name	School/College	Club	Gender	Age
269	Finlay Barnard	Taverham Sixth Form Centre	CoNAC	Male	U20
100m Heats JG1					
	Name	School/College	Club	Gender	Age
4	Amelie Finnie	Jane Austen college		Female	U15
6	Angelina Bada	Wymondham College		Female	U15
8	Ava Shannon	Norwich School		Female	U15
16	Darcie Holmes	Hethersett Academy	CoNAC	Female	U15
17	Eleana Osifo-Doe	Notre dame high school		Female	U15
20	Ellie Warman	Reepham High School	CoNAC	Female	U15
100m Heats JG2					
	Name	School/College	Club	Gender	Age
26	Hetty Bunkle	Dereham Neatherd High School		Female	U15
27	Jaseni Araujo	Jane Austen College		Female	U15
30	Katie Johnson	Wayland academy		Female	U15

31	Lexi Ford	Dereham Neatherd High School		Female	U15
36	Lola Hopkins	Gresham's		Female	U15
37	Molly Martin	Town Close School		Female	U15
	100m Heats JG3				
	Name	School/College	Club	Gender	Age
39	Mia Brackenbury	Thorpe St Andrews	CoNAC	Female	U15
41	Mirabel Ali	Jane Austen college		Female	U15
43	Myley Gilboy	Springwood	WNAC	Female	U15
45	Rebecca Johnson	King Edward Vii Academy	WNAC	Female	U15
46	Saanvi Rao	Jane Austen college		Female	U15
52	Tara Cummings	Reepham High School	CoNAC	Female	U15
	100m Heats JB1				
	Name	School/College	Club	Gender	Age
80	Corben Pollard	Cliff park Ormiston academy	Great Yarmo	Male	U15
93	Henry Dye	Langley senior school		Male	U15
95	Isaac Mak	Norwich School		Male	U15
97	Jacob Hughes	Jane Austen College		Male	U15
99	James Gale	Town Close School		Male	U15
	100m Heats JB2				
	Name	School/College	Club	Gender	Age
101	James Stonehouse	Norwich School		Male	U15
102	Jameson Chard	Dereham Northgate High Sch	Dereham Ru	Male	U15
104	Johnnie Olusanya	Gresham's		Male	U15
105	Joshua Rumsby	Thorpe St Andrew High School	CoNAC	Male	U15
107	Jubril Bello	Jane Austin College		Male	U15
110	Lewis Chambers	Wymondham College	City of Norwi	Male	U15
	100m Heats JB3				
	Name	School/College	Club	Gender	Age
118	Oliver Gayton	King Edward VII School	West Norfolk	Male	U15
125	Robert Nicholls	Jane Austen College		Male	U15
126	Roland Watson	Gresham's		Male	U15
130	Stanley Underwood	Dereham Neatherd High Sch	Dereham Ru	Male	U15
136	Zain Fassihi	Langley Prep School		Male	U15
	100m Heats IG1				
	Name	School/College	Club	Gender	Age
150	Abigail Bransgrove	St Clements High		Female	U17
155	Amy Fielding	Flegg High	GYDAC	Female	U17
159	Bethany Rumsby	Thorpe St Andrew High School		Female	U17
185	Shirley Yung	Norwich School		Female	U17
162	Ella Goldring	Alderman Peel High School	Ryston Runne	Female	U17
163	Ellie Thwaites	Norwich School		Female	U17
165	Elsie Holmes	Hethersett Academy		Female	U17

100m Heats IG2					
	Name	School/College	Club	Gender	Age
176	Lucy Webster	Norwich School	Norwich Sch	Female	U17
177	Maizie boylan	Flegg high school	Gydac	Female	U17
183	Poppy Francis	Norwich School		Female	U17
186	Sophia betts	Norwich School		Female	U17
187	Sophia Molineux	Norwich School		Female	U17
188	Tabitha Raby	Jane Austen College		Female	U17
100m Heats IB1					
	Name	School/College	Club	Gender	Age
200	Alecks Whyte	Lynn Grove Academy	Great Yarmo	Male	U17
202	Alfie Bull	Ormiston Venture Academy	GYDAC	Male	U17
204	Archie Hannent	Framingham Earl High School	CoNAC	Male	U17
213	George Smith	Grest Yarmouth Charter Acad	GYDAC	Male	U17
224	Kalpaj Aryal	Norwich School		Male	U17
100m Heats IB2					
	Name	School/College	Club	Gender	Age
225	Leon Royle	Wymondham High School	CONAC	Male	U17
232	Micheal Ali	Jane Austen college		Male	U17
235	Oliver McLean	Wymondham High Academy	City of Norwi	Male	U17
236	Olly Bayfield	Norwich School		Male	U17
237	Ronnie Tubby	Ormiston Venture Academy		Male	U17
400m IB					
	Name	School/College	Club	Gender	Age
215	Haydn Docherty	Wymondham College	N/A	Male	U17
222	Jonathan Crowle	Thorpe St Andrew	CONAC	Male	U17
223	Jude Linstead	Thorpe St Andrew school and	Conac	Male	U17
234	Mpaji Rose-Brown	CNS	Conac	Male	U17
240	Theo Hunter	Norwich School		Male	U17
400m SB & SG					
	Name	School/College	Club	Gender	Age
265	Chad Akili	Notre Dame High School	City of Norwi	Male	U20
267	Daniel Clouston	Thetford Grammar School	Thetford Athl	Male	U20
271	Hugo pattison	Norwich School		Male	U20
278	Thomas O'Neill	Norwich School	CoNAC	Male	U20
280	William Scates	Wymondham College	City of Norwi	Male	U20
100m final - Junior girls					
	Name	School/College	Club	Gender	Age
	Fastest 6 qualifiers				
100m final - Intergirls					
	Name	School/College	Club	Gender	Age
	Fastest 6 qualifiers				

	100m final - Junior boys			
	Name	School/College	Club	Gender Age
	Fastest 6 qualifiers			
	100m final - Interboys			
	Name	School/College	Club	Gender Age
	Fastest 6 qualifiers			
	100m final - Seniors			
	Name	School/College	Club	Gender Age
263	Zara Kirkham	City of Norwich	Conac	Female U20
253	Evie Patrick	Reepham College	CoNAC	Female U20
258	Lily Bradley	Sir Isaac Newton 6th form	CONAC	Female U20
268	Ethan Ellis	Wymondham High Sixth Form	City of Norwi	Male U20
273	Louis Labonte	East Norfolk Sixth form	GYDAC	Male U20
276	Oliver Shipp	Norwich School		Male U20
	400m hurdles			
	Name	School/College	Club	Gender Age
269	Finlay Barnard	Taverham Sixth Form Centre	Conac	Male U20
	300m hurdles			
	Name	School/College	Club	Gender Age
171	Isla Hibbett	Hethersett Academy	City of Norwi	Female U17
160	Charlotte Gilding	Framingham Earl High Schoo	CoNAC	Female U17
	300m heats			
	Name	School/College	Club	Gender Age
2	Adeola Arole	Gresham's		Female U15
7	Anya Faithorn	Smithdon High School	West Norfolk	Female U15
9	Ava Todd	Ormiston Venture Academy	Great Yarmo	Female U15
21	Emily Doran	Thorpe St Andrew school and	CONAC	Female U15
22	Eva Townshend	Alysham high school	North Norfol	Female U15
23	Evie Greenhalf	Hobart High School		Female U15
25	Grace doran	Thorpe St Andrew school and	CONAC	Female U15
	300m heats			
	Name	School/College	Club	Gender Age
32	Lexie Heather	Reepham High School	CONAC	Female U15
42	Miriam Moukdad	Jane Austen College		Female U15
47	Saffron Howell	Aylsham high school	North Norfol	Female U15
50	Sorana Nakajima	Jane Austen College		Female U15
54	Trixie Brun	Beeston Hall		Female U15
	800m - Junior girls			
	Name	School/College	Club	Gender Age
5	Anastasja Wall	Dereham Neatherd High School		Female U15

9	Ava Todd	Ormiston Venture Academy	Great Yarmo	Female	U15
13	Chloe Munn	KES	Ryston Runni	Female	U15
14	Daisy Green	Jane Austen College		Female	U15
18	Ellie Bransgrove	St Clements High		Female	U15
22	Eva Townshend	Alysham high school	North Norfolk	Female	U15
23	Evie Greenhalf	Hobart High School		Female	U15
34	Lily Goddard	Thorpe St Andrew High School	City of Norwi	Female	U15
53	Tessa McNamara	Town Close School		Female	U15
56	Violet Brooke	Long Stratton high school	CONAC	Female	U15
	800m - Inter + Senior girls				
	Name	School/College	Club	Gender	Age
150	Abigail Bransgrove	St Clements High		Female	U17
152	Amber Goddard	Thorpe St Andrew High School	City Of Norwi	Female	U17
156	Asha Kandola	Open Academy	City ofNorwic	Female	U17
157	Ava Mears	Reepham high school	NNH	Female	U17
158	Beatrice Green	Dereham Neatherd High Sch	Dereham Ru	Female	U17
169	Georgia Shirley	Thorpe St Andrew School	City of Norwi	Female	U17
178	Mary Lefkaditis	Norwich School		Female	U17
181	Olivia Allen	Broadland High Ormiston Aca	North Norfolk	Female	U17
184	Rosie Dickety	Aylsham High School	CoNAC	Female	U17
252	Esme Jonas	Sir Isaac Newton Sixth Form	North Norfolk	Female	U20
260	Millie Adams	Notre Dame Sixth Form	City of Norwi	Female	U20
	800m - Junior boys				
	Name	School/College	Club	Gender	Age
72	Aidan Howard	King Edward VII	West Norfolk	Male	U15
73	Alfie Sparkes	Wymondham College	CONAC	Male	U15
92	Harry Woodgett	Dereham Neatherd High Sch	Dereham Ru	Male	U15
98	James Ashton	City of Norwich School	City of Norwi	Male	U15
116	Oliver Alexander	Cliff park ormiston academy	GYDAC	Male	U15
118	Oliver Gayton	King Edward VII School	West Norfolk	Male	U15
121	Oscar Thorell	Wymondham College		Male	U15
129	Seb Musitelli	Town Close School		Male	U15
133	Tom Baker	Langley School		Male	U15
134	Vito Machin	Wymondham College	CoNAC	Male	U15
135	Zach Montgomery	Thorpe St. Andrew School		Male	U15
	800m - Inter boys				
	Name	School/College	Club	Gender	Age
206	Cameron Wedon	Lynn Grove	Waveney Val	Male	U17
210	Finlay Haynes	Wymondham High Academy	CoNAC	Male	U17
214	Harvey moore	Taverham high school	City of norwic	Male	U17
220	Jasper Valpied	Norwich School		Male	U17
221	Jedd Atkinson	Reepham High School	North Norfolk	Male	U17
223	Jude linstead	Thorpe St Andrew school and	Conac	Male	U17
226	Leonardo Gegaj	Notredame High School	CoNAC	Male	U17
234	Mpaji Rose-Brown	CNS	Conac	Male	U17

244	Will Percival	Wymondham High	Conac	Male	U17
	200m heats				
	Name	School/College	Club	Gender	Age
11	Betty Appleton	Wymondham High School	City of Norwi	Female	U15
13	Chloe Munn	KES	Ryston Runni	Female	U15
15	Danalyn Duah	WYMONDHAM COLLEGE		Female	U15
20	Ellie Warman	Reepham High School	Conac	Female	U15
	200m heats				
	Name	School/College	Club	Gender	Age
31	Lexi Ford	Dereham Neatherd High School		Female	U15
35	Livia Groombridge	Sprowston High School		Female	U15
43	Myley Gilboy	Springwood	WNAC	Female	U15
49	Siena Bullimore	Flegg High	Gydac	Female	U15
57	Zoe Slater	Gresham's		Female	U15
	200m heats				
	Name	School/College	Club	Gender	Age
152	Amber Goddard	Thorpe St Andrew High School	City Of Norw	Female	U17
159	Bethany Rumsby	Thorpe St Andrew High School		Female	U17
162	Ella Goldring	Alderman Peel High School	Ryston Runne	Female	U17
170	Heidi Noakes	Norwich School		Female	U17
	200m heats				
	Name	School/College	Club	Gender	Age
173	Lillian Manson	Reepham High school	City of Norwi	Female	U17
177	Maizie Boylan	Flegg high school	Gydac	Female	U17
183	Poppy Francis	Norwich School		Female	U17
187	Sophia Molineux	Norwich School		Female	U17
	200m heats				
	Name	School/College	Club	Gender	Age
70	Aamil Ganiyu	Wymondham college	Conac	Male	U15
71	Abhinav karthik Mariya	Jane Austen College		Male	U15
77	Ben Lowe	Norwich School		Male	U15
79	Bertie Beck	Beeston Hall School		Male	U15
80	Corben Pollard	Cliff park Ormiston acadamy	Great Yarmo	Male	U15
86	Gabriel Papathanasiou	Langley senior		Male	U15
	200m heats				
	Name	School/College	Club	Gender	Age
91	Harry Sayer	Hellesdon High School	City of Norwi	Male	U15
89	Harry Croft	Norwich School		Male	U15
97	Jacob Hughes	Jane Austen College		Male	U15
110	Lewis Chambers	Wymondham College	City of Norwi	Male	U15
111	Luca Ciarleglio	Cromer academy		Male	U15

200m heats					
	Name	School/College	Club	Gender	Age
113	Matthew Christophi	Gresham's		Male	U15
122	Reggie Seymour	Cromer Academy		Male	U15
126	Roland Watson	Gresham's		Male	U15
130	Stanley Underwood	Dereham Neatherd High Sch	Dereham Ru	Male	U15
136	Zain Fassihi	Langley Prep School		Male	U15
200m heats					
	Name	School/College	Club	Gender	Age
200	Alecks Whyte	Lynn Grove Academy	Great Yarmo	Male	U17
202	Alfie Bull	Ormiston Venture Academy	GYDAC	Male	U17
219	Jack Waring	Norwich School	Norwich Sch	Male	U17
222	Jonathan Crowle	Thorpe St Andrew	CONAC	Male	U17
224	Kalpaj Aryal	Norwich School		Male	U17
200m heats					
	Name	School/College	Club	Gender	Age
225	Leon Royle	Wymondham High School	CONAC	Male	U17
227	Levite Oyelakin	Norwich School		Male	U17
229	Marcus Wood	Reephham high school		Male	U17
236	Olly Bayfield	Norwich School		Male	U17
1500m steeplechase					
	Name	School/College	Club	Gender	Age
256	Isabella Williams	City of Norwich School	City of Norwi	Female	U20
1500m steeplechase					
	Name	School/College	Club	Gender	Age
201	Alfie Bone	Lynn Grove Academy	Waveney Val	Male	U17
300m final - Junior girls					
	Name	School/College	Club	Gender	Age
	Winner of each heat plus 6 fastest losers				
300m final					
	Name	School/College	Club	Gender	Age
70	Aamil Ganiyu	Wymondham college	Conac	Male	U15
102	Jameson Chard	Dereham Northgate High Sch	Dereham Ru	Male	U15
114	Max Allen	Wymondham College		Male	U15
125	Robert Nicholls	Jane Austen College		Male	U15
188	Tabitha Raby	Jane Austen College		Female	U17
155	Amy Fielding	Flegg High	GYDAC	Female	U17
1500m - Junior girls					
	Name	School/College	Club	Gender	Age
3	Alice Thompson Read	Aylsham High School	North Norfol	Female	U15

	1500m - Senior boys				
	Name	School/College	Club	Gender	Age
281	Zachary Dunne	Notre Dame High School	City of Norwi	Male	U20
266	Corben Reynolds	Sir Isaac Newton East	Great Yarmo	Male	U20
265	Chad Akili	Notre Dame High School	City of Norwi	Male	U20
279	Tim Bongaerts	City of Norwich School	CoNAC	Male	U20
271	Hugo pattison	Norwich School		Male	U20
	200m final - Junior girls				
	Name	School/College	Club	Gender	Age
	Winner of each heat plus fastest 4				
	200m final - Inter girls				
	Name	School/College	Club	Gender	Age
	Winner of each heat plus fastest 4				
	200m final - Junior boys				
	Name	School/College	Club	Gender	Age
	Winner of each heat plus fastest 4				
	200m final - Inter boys				
	Name	School/College	Club	Gender	Age
	Winner of each heat plus fastest 4				
	200m final - SENIORS				
	Name	School/College	Club	Gender	Age
280	William Scates	Wymondham College	City of Norwi	Male	U20
276	Oliver Shipp	Norwich School		Male	U20
263	Zara Kirkham	City of Norwich	Conac	Female	U20
278	Thomas O'Neill	Norwich School	CoNAC	Male	U20

FIELD ENTRIES

Hammer - All					
	Name	School/College	Club	Gender	Age
12	Chloe Ainsworth	Lynn Grove Academy	Great Yarmo	Female	U15
82	Edward Schooley	Wymondham College	N/A	Male	U15
87	George Dodds	Langley	CONAC	Male	U15
100	James Lupton	Taverham High	Conac	Male	U15
109	Leon Pullen	The Thetford Academy	Thetford Athl	Male	U15
174	Lilymae Coote	Flegg	GYDAC	Female	U17
241	Thomas Norkett	Thetford Academy	Thetford AC	Male	U17
Long jump 1					
	Name	School/College	Club	Gender	Age
203	Archie Crow	Acle Academy		Male	U17
207	Charlie Broad	Downham Market Academy	CONAC	Male	U17
229	Marcus Wood	Reepham high school		Male	U17
268	Ethan Ellis	Wymondham High Sixth Form	City of Norwi	Male	U20
277	Ryan Wood	Reepham college	Conac	Male	U20
Long jump 2					
	Name	School/College	Club	Gender	Age
72	Aidan Howard	King Edward VII	West Norfolk	Male	U15
74	Austin Baker	Gresham's		Male	U15
77	Ben Lowe	Norwich School		Male	U15
83	Ethan Bolas	Langley Prep School		Male	U15
85	Finley Winship	Langley Prep School	Conac	Male	U15
92	Harry Woodgett	Dereham Neatherd High Sch	Dereham Ru	Male	U15
100	James Lupton	Taverham High	Conac	Male	U15
105	Joshua Rumsby	Thorpe St Andrew High School	CONAC	Male	U15
112	Marco Newbury	Beeston Hall		Male	U15
115	Max Buckingham	Gresham's		Male	U15
116	Oliver Alexander	Cliff park ormiston academy	GYDAC	Male	U15
124	Riley Cozens	Langley School	St Edmunds P	Male	U15
127	Rufus Snelling	Norwich School		Male	U15
133	Tom Baker	Langley School		Male	U15
Discus 1					
	Name	School/College	Club	Gender	Age
38	Maisie Powles-Warren	Hethersett Academy	CONAC	Female	U15
34	Lily Goddard	Thorpe St Andrew High School	City of Norwi	Female	U15
10	Bella-Mae Borges	Langley Prep @Taverham Hall		Female	U15
241	Thomas Norkett	Thetford Academy	Thetford AC	Male	U17
245	William Lupton	Taverham High	Conac	Male	U17
275	Maximilian Brookes	Diss Sixth Form	West Suffolk	Male	U20
High jump 1					
	Name	School/College	Club	Gender	Age
74	Austin Baker	Gresham's		Male	U15

76	Ben Henshall	Wymondham College		Male	U15
78	Benjamin Henshall	Wymondham college		Male	U15
88	Hadley Grapes	Jane Austen		Male	U15
89	Harry Croft	Norwich School		Male	U15
93	Henry Dye	Langley senior school		Male	U15
104	Johnnie Olusanya	Gresham's		Male	U15
129	Seb Musitelli	Town Close School		Male	U15
135	Zach Montgomery	Thorpe St. Andrew School		Male	U15
	Discus 2				
	Name	School/College	Club	Gender	Age
123	Reuben Alexander	Gresham's		Male	U15
88	Hadley Grapes	Jane Austen		Male	U15
83	Ethan Bolas	Langley Prep School		Male	U15
108	Krish Chilleystone	Wymondham College	N/A	Male	U15
95	Isaac Mak	Norwich School		Male	U15
119	Ollie Winkworth	Thorpe St Andrew High School		Male	U15
79	Bertie Beck	Beeston Hall School		Male	U15
	Long jump 3				
	Name	School/College	Club	Gender	Age
185	Shirley Yung	Norwich School		Female	U17
161	Drew Wilson	Gresham's		Female	U17
165	Elsie Holmes	Hethersett Academy		Female	U17
172	Leonie Pensaert-Contr	Gresham's		Female	U17
173	Lillian Manson	Reepham High school	City of Norwi	Female	U17
176	Lucy Webster	Norwich School		Female	U17
179	Mia squires	Lynn Grove Academy	Gydac	Female	U17
182	Phoebe Betts	Gresham's		Female	U17
186	Sophia Betts	Norwich School		Female	U17
251	Caitlin Bell	Lord Nelson Sixth Form	CoNAC	Female	U20
254	Freya Knight	Dereham Sixth Form College	Ryston Runne	Female	U20
	High jump 2				
	Name	School/College	Club	Gender	Age
11	Betty Appleton	Wymondham High School	City of Norwi	Female	U15
19	Ellie Smith	Wymondham College	N/A	Female	U15
24	Faith Turner	Smithdon High School	West Norfolk	Female	U15
33	Lily Ganley	Hethersett Academy	City of Norwi	Female	U15
42	Miriam Moukdad	Jane Austen College		Female	U15
163	Ellie Thwaites	Norwich School		Female	U17
166	Essie Jones	Gresham's		Female	U17
170	Heidi Noakes	Norwich School		Female	U17
182	Phoebe Betts	Gresham's		Female	U17
	Shot 1				
	Name	School/College	Club	Gender	Age
49	Siena Bullimore	Flegg High	Gydac	Female	U15

12	Chloe Ainsworth	Lynn Grove Academy	Great Yarmo	Female	U15
26	Hetty Bunkle	Dereham Neatherd High School		Female	U15
48	Sammi Wu	Jane Austen College		Female	U15
55	Victory Yimga	Jane Austen		Female	U15
40	Minnie Richardson	Norwich School		Female	U15
10	Bella-Mae Borges	Langley Prep @Taverham Hall		Female	U15
15	Danalyn Duah	WYMONDHAM COLLEGE		Female	U15
18	Ellie Bransgrove	St Clements High		Female	U15
259	Maddy Powles-Warren	CNS	CONAC	Female	U20
	Javelin 1				
	Name	School/College	Club	Gender	Age
131	Taylor Bidewell	Litcham High School		Male	U15
128	Samuel Gibson	Jane Austen		Male	U15
109	Leon Pullen	The Thetford Academy	Thetford Athl	Male	U15
107	Jubril Bello	Jane Austin College		Male	U15
84	Ethan Ward	St Clement's High	West Norfolk	Male	U15
75	Ben Beardshaw	Gresham's		Male	U15
245	William Lupton	Taverham High	Conac	Male	U17
232	Micheal Ali	Jane Austen college		Male	U17
215	Haydn Docherty	Wymondham College	N/A	Male	U17
204	Archie Hannent	Framingham Earl High Schoo	CoNAC	Male	U17
274	Louis Preston	Easton College	Dereham Ru	Male	U20
	High jump 3				
	Name	School/College	Club	Gender	Age
254	Freya Knight	Dereham Sixth Form College	Ryston Runne	Female	U20
256	Isabella Williams	City of Norwich school	CONAC	Female	U20
205	Billy Eccles	Hethersett academy	Bure Valley H	Male	U17
203	Archie Crow	Acle Academy		Male	U17
243	Tom Hardy	Norwich School		Male	U17
264	Billy Francis	Norwich School	CoNAC	Male	U20
	Long jump 4				
	Name	School/College	Club	Gender	Age
16	Darcie Holmes	Hethersett Academy	CONAC	Female	U15
17	Eleana Osifo-Doe	Notre dame high school		Female	U15
21	Emily Doran	Thorpe St Andrew school and	CONAC	Female	U15
29	Jessica Lawrence	Home Educated	West Norfolk	Female	U15
30	Katie Johnson	Wayland academy		Female	U15
33	Lily Ganley	Hethersett Academy	City of Norwi	Female	U15
46	Saanvi Rao	Jane Austen college		Female	U15
47	Saffron Howell	Aylsham high school	North Norfolk	Female	U15
53	Tessa McNamara	Town Close School		Female	U15
	Shot 2				
	Name	School/College	Club	Gender	Age
275	Maximilian Brookes	Diss Sixth Form	West Suffolk	Male	U20

160	Charlotte Gilding	Framingham Earl High School	CoNAC	Female	U17
207	Charlie Broad	Downham Market Academy	CONAC	Male	U17
239	Sonny Smith	Framingham Earl High School		Male	U17
228	Lewis Barker	Aylsham High		Male	U17
87	George Dodds	Langley	CONAC	Male	U15
128	Samuel Gibson	Jane Austen		Male	U15
99	James Gale	Town Close School		Male	U15
113	Matthew Christophi	Gresham's		Male	U15
108	Krish Chilleystone	Wymondham College	N/A	Male	U15
114	Max Allen	Wymondham College		Male	U15
119	Ollie Winkworth	Thorpe St Andrew High School		Male	U15
	Javelin 2				
	Name	School/College	Club	Gender	Age
55	Victory Yimga	Jane Austen		Female	U15
50	Sorana Nakajima	Jane Austen College		Female	U15
41	Mirabel Ali	Jane Austen college		Female	U15
38	Maisie Powles-Warren	Hethersett Academy	CONAC	Female	U15
28	Jennifer Mardle	Norwich School	CoNAC	Female	U15
7	Anya Faithorn	Smithdon High School	West Norfolk	Female	U15
6	Angelina Bada	Wymondham College	N/A	Female	U15
174	Lilymae Coote	Flegg	GYDAC	Female	U17
151	Aggie Long	Litcham school	CoNAC	Female	U17
259	Maddy Powles-Warren	CNS	CONAC	Female	U20
257	Isabelle Mardle	Norwich School	CoNAC	Female	U20
255	Hollie Willeard	East Coast College	Gt Yarmouth	Female	U20
	Triple jump				
	Name	School/College	Club	Gender	Age
78	Benjamin Henshall	Wymondham college		Male	U15
91	Harry Sayer	Hellesdon High School	City of Norwi	Male	U15
112	Marco Newbury	Beeston Hall		Male	U15
120	Oscar Russell	Wymondham College		Male	U15
219	Jack Waring	Norwich School		Male	U17
227	Levite Oyelakin	Norwich School		Male	U17
264	Billy Francis	Norwich School	CoNAC	Male	U20
277	Ryan Wood	Reephams college	Conac	Male	U20
251	Caitlin Bell	Lord Nelson Sixth Form	CoNAC	Female	U20

1	Abdiya Williams	Jane Austen college	Female	U15	JUNIOR
2	Adeola Arole	Gresham's	Female	U15	JUNIOR
3	Alice Thompson Read	Aylsham High School	Female	U15	JUNIOR
4	Amelie Finnie	Jane Austen college	Female	U15	JUNIOR
5	Anastasja Wall	Dereham Neatherd Hig	Female	U15	JUNIOR
6	Angelina Bada	Wymondham College	Female	U15	JUNIOR
7	Anya Faithorn	Smithdon High School	Female	U15	JUNIOR
8	Ava Shannon	Norwich School	Female	U15	JUNIOR
9	Ava Todd	Ormiston Venture Acad	Female	U15	JUNIOR
10	Bella-Mae Borges	Langley Prep @Taverha	Female	U15	JUNIOR
11	Betty Appleton	Wymondham High Scho	Female	U15	JUNIOR
12	Chloe Ainsworth	Lynn Grove Academy	Female	U15	JUNIOR
13	Chloe Munn	KES	Female	U15	JUNIOR
14	Daisy Green	Jane Austen College	Female	U15	JUNIOR
15	Danalyn Duah	WYMONDHAM COLLEGE	Female	U15	JUNIOR
16	Darcie Holmes	Hethersett Academy	Female	U15	JUNIOR
17	Eleana Osifo-Doe	Notre dame high schoo	Female	U15	JUNIOR
18	Ellie Bransgrove	St Clements High	Female	U15	JUNIOR
19	Ellie Smith	Wymondham College	Female	U15	JUNIOR
20	Ellie Warman	Reepham High School	Female	U15	JUNIOR
21	Emily Doran	Thorpe St Andrew scho	Female	U15	JUNIOR
22	Eva Townshend	Alysham high school	Female	U15	JUNIOR
23	Evie Greenhalf	Hobart High School	Female	U15	JUNIOR
24	Faith Turner	Smithdon High School	Female	U15	JUNIOR
25	Grace Doran	Thorpe St Andrew scho	Female	U15	JUNIOR
26	Hetty Bunkle	Dereham Neatherd Hig	Female	U15	JUNIOR
27	Jaseni Araujo	Jane Austen College	Female	U15	JUNIOR
28	Jennifer Mardle	Norwich School	Female	U15	JUNIOR
29	Jessica Lawrence	Home Educated	Female	U15	JUNIOR
30	Katie Johnson	Wayland academy	Female	U15	JUNIOR
31	Lexi Ford	Dereham Neatherd Hig	Female	U15	JUNIOR
32	Lexie Heather	Reepham High School	Female	U15	JUNIOR
33	Lily Ganley	Hethersett Academy	Female	U15	JUNIOR
34	Lily Goddard	Thorpe St Andrew High	Female	U15	JUNIOR
35	Livia Groombridge	Sprowston High School	Female	U15	JUNIOR
36	Lola Hopkins	Gresham's	Female	U15	JUNIOR
38	Maisie Powles-Warren	Hethersett Academy	Female	U15	JUNIOR
39	Mia Brackenbury	Thorpe St Andrews	Female	U15	JUNIOR
40	Minnie Richardson	Norwich School	Female	U15	JUNIOR
41	Mirabel Ali	Jane Austen college	Female	U15	JUNIOR
42	Miriam Moukdad	Jane Austen College	Female	U15	JUNIOR
37	Molly Martin	Town Close School	Female	U15	JUNIOR
43	Myley Gilboy	Springwood	Female	U15	JUNIOR
44	Niamh Mcauley	Norwich School	Female	U15	JUNIOR
45	Rebecca Johnson	King Edward Vii Academ	Female	U15	JUNIOR
46	Saanvi Rao	Jane Austen college	Female	U15	JUNIOR
47	Saffron Howell	Aylsham high school	Female	U15	JUNIOR
48	Sammi Wu	Jane Austen College	Female	U15	JUNIOR

49	Siena Bullimore	Flegg High	Female	U15	JUNIOR
50	Sorana Nakajima	Jane Austen College	Female	U15	JUNIOR
51	Summer Adcock	Dereham Neatherd Hig	Female	U15	JUNIOR
52	Tara Cummings	Reepham High School	Female	U15	JUNIOR
53	Tessa McNamara	Town Close School	Female	U15	JUNIOR
54	Trixie Brun	Beeston Hall	Female	U15	JUNIOR
55	Victory Yimga	Jane Austen	Female	U15	JUNIOR
56	Violet Brooke	Long Stratton high scho	Female	U15	JUNIOR
57	Zoe Slater	Gresham's	Female	U15	JUNIOR
70	Aamil Ganiyu	Wymondham college	Male	U15	JUNIOR
71	Abhinav karthik Mariya	Jane Austen College	Male	U15	JUNIOR
72	Aidan Howard	King Edward VII	Male	U15	JUNIOR
73	Alfie Sparkes	Wymondham College	Male	U15	JUNIOR
74	Austin Baker	Gresham's	Male	U15	JUNIOR
75	Ben Beardshaw	Gresham's	Male	U15	JUNIOR
76	Ben Henshall	Wymondham College	Male	U15	JUNIOR
77	Ben Lowe	Norwich School	Male	U15	JUNIOR
78	Benjamin Henshall	Wymondham college	Male	U15	JUNIOR
79	Bertie Beck	Beeston Hall School	Male	U15	JUNIOR
80	Corben Pollard	Cliff park Ormiston aca	Male	U15	JUNIOR
81	Ed Latter-Casas	Norwich School	Male	U15	JUNIOR
82	Edward Schooley	Wymondham College	Male	U15	JUNIOR
83	Ethan Bolas	Langley Prep School	Male	U15	JUNIOR
84	Ethan Ward	St Clement's High	Male	U15	JUNIOR
85	Finley Winship	Langley Prep School	Male	U15	JUNIOR
86	Gabriel Papathanasiou	Langley senior	Male	U15	JUNIOR
87	George Dodds	Langley	Male	U15	JUNIOR
88	Hadley Grapes	Jane Austen	Male	U15	JUNIOR
89	Harry Croft	Norwich School	Male	U15	JUNIOR
90	Harry Doran	Lynn Grove Academy	Male	U15	JUNIOR
91	Harry Sayer	Hellesdon High School	Male	U15	JUNIOR
92	Harry Woodgett	Dereham Neatherd Hig	Male	U15	JUNIOR
93	Henry Dye	Langley senior school	Male	U15	JUNIOR
94	Idris Williams	Jane Austen college	Male	U15	JUNIOR
95	Isaac Mak	Norwich School	Male	U15	JUNIOR
96	Jack Mellor	Gresham's	Male	U15	JUNIOR
97	Jacob Hughes	Jane Austen College	Male	U15	JUNIOR
98	James Ashton	City of Norwich School	Male	U15	JUNIOR
99	James Gale	Town Close School	Male	U15	JUNIOR
100	James Lupton	Taverham High	Male	U15	JUNIOR
101	James Stonehouse	Norwich School	Male	U15	JUNIOR
102	Jameson Chard	Dereham Northgate Hig	Male	U15	JUNIOR
103	John Whitefoot	Thorpe St. Andrew Scho	Male	U15	JUNIOR
104	Johnnie Olusanya	Gresham's	Male	U15	JUNIOR
105	Joshua Rumsby	Thorpe St Andrew High	Male	U15	JUNIOR
106	Joshua Tinsdale	Sheringham high school	Male	U15	JUNIOR

107	Jubril Bello	Jane Austin College	Male	U15	JUNIOR
108	Krish Chilleystone	Wymondham College	Male	U15	JUNIOR
109	Leon Pullen	The Thetford Academy	Male	U15	JUNIOR
110	Lewis Chambers	Wymondham College	Male	U15	JUNIOR
111	Luca Ciarleglio	Cromer academy	Male	U15	JUNIOR
112	Marco Newbury	Beeston Hall	Male	U15	JUNIOR
113	Matthew Christophi	Gresham's	Male	U15	JUNIOR
114	Max Allen	Wymondham College	Male	U15	JUNIOR
115	Max Buckingham	Gresham's	Male	U15	JUNIOR
116	Oliver Alexander	Cliff park ormiston acad	Male	U15	JUNIOR
117	Oliver Boyce	Taverham High School	Male	U15	JUNIOR
118	Oliver Gayton	King Edward VII School	Male	U15	JUNIOR
119	Ollie Winkworth	Thorpe St Andrew High	Male	U15	JUNIOR
120	Oscar Russell	Wymondham College	Male	U15	JUNIOR
121	Oscar Thorell	Wymondham College	Male	U15	JUNIOR
122	Reggie Seymour	Cromer Academy	Male	U15	JUNIOR
123	Reuben Alexander	Gresham's	Male	U15	JUNIOR
124	Riley Cozens	Langley School	Male	U15	JUNIOR
125	Robert Nicholls	Jane Austen College	Male	U15	JUNIOR
126	Roland Watson	Gresham's	Male	U15	JUNIOR
127	Rufus Snelling	Norwich School	Male	U15	JUNIOR
128	Samuel Gibson	Jane Austen	Male	U15	JUNIOR
129	Seb Musitelli	Town Close School	Male	U15	JUNIOR
130	Stanley Underwood	Dereham Neatherd Hig	Male	U15	JUNIOR
131	Taylor Bidewell	Litcham High School	Male	U15	JUNIOR
132	Thomas Murray	Alderman Peel High Sch	Male	U15	JUNIOR
133	Tom Baker	Langley School	Male	U15	JUNIOR
134	Vito Machin	Wymondham College	Male	U15	JUNIOR
135	Zach Montgomery	Thorpe St. Andrew Scho	Male	U15	JUNIOR
136	Zain Fassihi	Langley Prep School	Male	U15	JUNIOR

150	Abigail Bransgrove	St Clements High	Female	U17	INTERMEDIATE
151	Aggie Long	Litcham school	Female	U17	INTERMEDIATE
152	Amber Goddard	Thorpe St Andrew High	Female	U17	INTERMEDIATE
154	Amelie Ivie	Norwich School	Female	U17	INTERMEDIATE
155	Amy Fielding	Flegg High	Female	U17	INTERMEDIATE
156	Asha Kandola	Open Academy	Female	U17	INTERMEDIATE
157	Ava Mears	Reepham high school	Female	U17	INTERMEDIATE
158	Beatrice Green	Dereham Neatherd High	Female	U17	INTERMEDIATE
159	Bethany Rumsby	Thorpe St Andrew High	Female	U17	INTERMEDIATE
160	Charlotte Gilding	Framingham Earl High S	Female	U17	INTERMEDIATE
161	Drew Wilson	Gresham's	Female	U17	INTERMEDIATE
162	Ella Goldring	Alderman Peel High Sch	Female	U17	INTERMEDIATE
163	Ellie Thwaites	Norwich School	Female	U17	INTERMEDIATE
164	Eloise Edridge	Aylsham High school	Female	U17	INTERMEDIATE
165	Elsie Holmes	Hethersett Academy	Female	U17	INTERMEDIATE
166	Essie Jones	Gresham's	Female	U17	INTERMEDIATE
167	Eva Eccles	Hethersett academy	Female	U17	INTERMEDIATE
168	Evie Clayton	Litcham High School	Female	U17	INTERMEDIATE
169	Georgia Shirley	Thorpe St Andrew Scho	Female	U17	INTERMEDIATE
170	Heidi Noakes	Norwich School	Female	U17	INTERMEDIATE
171	Isla Hibbett	Hethersett Academy	Female	U17	INTERMEDIATE
172	Leonie Pensaert-Contr	Gresham's	Female	U17	INTERMEDIATE
173	Lillian Manson	Reepham High school	Female	U17	INTERMEDIATE
174	Lilymae Coote	Flegg	Female	U17	INTERMEDIATE
175	Lottie Hood	Gresham's	Female	U17	INTERMEDIATE
176	Lucy Webster	Norwich School	Female	U17	INTERMEDIATE
177	Maizie boylan	Flegg high school	Female	U17	INTERMEDIATE
178	Mary Lefkaditis	Norwich School	Female	U17	INTERMEDIATE
179	Mia squires	Lynn Grove Academy	Female	U17	INTERMEDIATE
180	Minnie Andrews	Norwich School	Female	U17	INTERMEDIATE
181	Olivia Allen	Broadland High Ormist	Female	U17	INTERMEDIATE
182	Phoebe Betts	Gresham's	Female	U17	INTERMEDIATE
183	Poppy Francis	Norwich School	Female	U17	INTERMEDIATE
184	Rosie Dickety	Aylsham High School	Female	U17	INTERMEDIATE
185	Shirley Yung	Norwich School	Female	U17	INTERMEDIATE
186	Sophia betts	Norwich School	Female	U17	INTERMEDIATE
187	Sophia Molineux	Norwich School	Female	U17	INTERMEDIATE
188	Tabitha Raby	Jane Austen College	Female	U17	INTERMEDIATE
200	Alecks Whyte	Lynn Grove Academy	Male	U17	INTERMEDIATE
201	Alfie Bone	Lynn Grove Academy	Male	U17	INTERMEDIATE
202	Alfie Bull	Ormiston Venture Acad	Male	U17	INTERMEDIATE
203	Archie Crow	Acle Academy	Male	U17	INTERMEDIATE
204	Archie Hannent	Framingham Earl High S	Male	U17	INTERMEDIATE
205	Billy Eccles	Hethersett academy	Male	U17	INTERMEDIATE
206	Cameron Wedon	Lynn Grove	Male	U17	INTERMEDIATE
207	Charlie Broad	Downham Market Acad	Male	U17	INTERMEDIATE

208	Charlie Frammingham	Alderman Peel High Sch	Male	U17	INTERMEDIATE
209	Charlie Perry	Thorpe St Andrew	Male	U17	INTERMEDIATE
210	Finlay Haynes	Wymondham High Acad	Male	U17	INTERMEDIATE
211	Finn Kaiser	Norwich School	Male	U17	INTERMEDIATE
212	Fletcher James	Notre Dame High Scho	Male	U17	INTERMEDIATE
213	George Smith	Grest Yarmouth Charter	Male	U17	INTERMEDIATE
214	Harvey moore	Taverham high school	Male	U17	INTERMEDIATE
215	Haydn Docherty	Wymondham College	Male	U17	INTERMEDIATE
216	Henry Ashton	City of Norwich School	Male	U17	INTERMEDIATE
217	Jack Browne	CNS	Male	U17	INTERMEDIATE
218	Jack Peacock	Norwich School	Male	U17	INTERMEDIATE
219	Jack Waring	Norwich School	Male	U17	INTERMEDIATE
220	Jasper Valpied	Norwich School	Male	U17	INTERMEDIATE
221	Jedd Atkinson	Reepham High School	Male	U17	INTERMEDIATE
222	Jonathan Crowle	Thorpe St Andrew	Male	U17	INTERMEDIATE
223	Jude Linstead	Thorpe St Andrew scho	Male	U17	INTERMEDIATE
224	Kalpaj Aryal	Norwich School	Male	U17	INTERMEDIATE
225	Leon Royle	Wymondham High Schd	Male	U17	INTERMEDIATE
226	Leonardo Gegaj	Notredame High Schoo	Male	U17	INTERMEDIATE
227	Levite Oyelakin	Norwich School	Male	U17	INTERMEDIATE
228	Lewis Barker	Aylsham High	Male	U17	INTERMEDIATE
229	Marcus Wood	Reepham high school	Male	U17	INTERMEDIATE
230	Max Parsley	Fakenham Academy	Male	U17	INTERMEDIATE
231	Michael Clark	Wymondham College	Male	U17	INTERMEDIATE
232	Micheal Ali	Jane Austen college	Male	U17	INTERMEDIATE
233	Milo Debbage	Broadland High School	Male	U17	INTERMEDIATE
234	Mpaji Rose-Brown	CNS	Male	U17	INTERMEDIATE
235	Oliver McLean	Wymondham High Acad	Male	U17	INTERMEDIATE
236	Olly Bayfield	Norwich School	Male	U17	INTERMEDIATE
237	Ronnie Tubby	Ormiston Venture Acad	Male	U17	INTERMEDIATE
238	Seth Burch	Broadland Ormiston ac	Male	U17	INTERMEDIATE
239	Sonny Smith	Framingham Earl High S	Male	U17	INTERMEDIATE
240	Theo Hunter	Norwich School	Male	U17	INTERMEDIATE
241	Thomas Norkett	Thetford Academy	Male	U17	INTERMEDIATE
242	Tobias Neale	Sheringham High Scho	Male	U17	INTERMEDIATE
243	Tom Hardy	Norwich School	Male	U17	INTERMEDIATE
244	Will Percival	Wymondham High	Male	U17	INTERMEDIATE
245	William Lupton	Taverham High	Male	U17	INTERMEDIATE

250	Bea Wells	Norwich School	Female	U20	SENIOR
251	Caitlin Bell	Lord Nelson Sixth Form	Female	U20	SENIOR
252	Esme Jonas	Sir Isaac Newton Sixth	Female	U20	SENIOR
253	Evie Patrick	Reepham College	Female	U20	SENIOR
254	Freya Knight	Dereham Sixth Form Cd	Female	U20	SENIOR
255	Hollie Willeard	East Coast College	Female	U20	SENIOR
256	Isabella Williams	City of Norwich School	Female	U20	SENIOR
257	Isabelle Mardle	Norwich School	Female	U20	SENIOR
258	Lily Bradley	Sir Isaac Newton 6th fo	Female	U20	SENIOR
259	Maddy Powles-Warren	CNS	Female	U20	SENIOR
260	Millie Adams	Notre Dame Sixth Form	Female	U20	SENIOR
261	Rose Fairhurst	Sir Isaac Newton sixth f	Female	U20	SENIOR
262	Sarah Barrett	Notre Dame High Schoo	Female	U20	SENIOR
263	Zara Kirkham	City of Norwich	Female	U20	SENIOR
264	Billy Francis	Norwich School	Male	U20	SENIOR
265	Chad Akili	Notre Dame High Schoo	Male	U20	SENIOR
266	Corben Reynolds	Sir Isaac Newton East	Male	U20	SENIOR
267	Daniel Clouston	Thetford Grammar Sch	Male	U20	SENIOR
268	Ethan Ellis	Wymondham High Sixth	Male	U20	SENIOR
269	Finlay Barnard	Taverham Sixth Form C	Male	U20	SENIOR
270	Harry Smith	Notre Dame Sixth Form	Male	U20	SENIOR
271	Hugo pattison	Norwich School	Male	U20	SENIOR
273	Louis Labonte	East Norfolk Sixth form	Male	U20	SENIOR
274	Louis Preston	Easton College	Male	U20	SENIOR
275	Maximilian Brookes	Diss Sixth Form	Male	U20	SENIOR
276	Oliver Shipp	Norwich School	Male	U20	SENIOR
277	Ryan Wood	Reepham college	Male	U20	SENIOR
278	Thomas O'Neill	Norwich School	Male	U20	SENIOR
279	Tim Bongaerts	City of Norwich School	Male	U20	SENIOR
280	William Scates	Wymondham College	Male	U20	SENIOR
281	Zachary Dunne	Notre Dame High Schoo	Male	U20	SENIOR