Norfolk Schools Athletic Association Championships 2022

Saturday 11th June - Sportspark, Norwich, NR4 7TJ

Thank you for entering the Norfolk Schools Athletics Championships (including external county school entries).

ESSENTIAL CHECKLIST FOR SATURDAY:

1. Check the time of your events at the bottom of this document

2. Find out the athlete bib number from the list below (next to athlete name on left) and **create** a bib number for the <u>front and</u> <u>back</u> of the vest/t-shirt. It must be in black thick text or felt tip pen – easy to read from far away.

3. Arrive in enough time to warm-up sufficiently and be on time for the start of your event - ensure you are by your event area 5-10mins before the allocated start time.

* For races where there are heats planned, if there are insufficient number (due to less people attending) then a straight final will be held in place of the heat – please listen carefully to the marksman by the start line of your race.

* The 800m for junior boys and girls has been split across two races – these are finals, but the times will be combined across the races to provide overall finishing positions. This age group are not allowed to do more than one endurance event on one day and therefore we cannot have heats and finals for this event.

* Ensure you have a bib on the front and back of your school/club vest/top – ATHLETES MUST CREATE THEIR OWN BIB NUMBER. Allocated bib numbers are next to athlete's name on the bib number document.

STARTING BLOCKS CAN ONLY BE USED IN FINAL - NOT ALLOWED IN HEATS AS PER ENGLISH SCHOOLS AA RULES

* Guest athletes cannot qualify from heats into the final in any track races and will not be eligible for medals.

* Athletes will receive 4 attempts in the throws and horizontal jumps.

* Medals will be handed out at the end of each competition for field events, and ASAP after track races.

NOTE: Track events take priority over field, therefore please ensure you inform the field judge at your event you are leaving to race if you have a clash. They will do their best to fit you in when you return.

DO NOT walk across the infield on the middle of the track, walk around the outside at all times. YOU DO NOT need to register upon arrival as you will already have your bib number with you. Parking is free on site, there is the main UEA campus car park and also the Sportspark car park.

ΓΙΜΕ	EVENT	HEAT/FINAL	TIME		EVENT	CATEGORY
10:45	400m Hurdles S	FINAL		10:30	Hammer	All
10:55	3000m	FINAL		10:30	Long jump 1	IB + SB
11:15	JG 75m Hurdles	FINAL		10:30	Shot 1	JB + JG
11:25	IG 80m Hurdles	FINAL		11:15	Discus	All
11:35	JB 80m Hurdles	FINAL				
11:45	IB + SG 100m Hu	FINAL		11:45	Long jump 2	JB
11:52	SB 110m Hurdle	FINAL				
12:00	100m JG H1	HEAT		12:00	Shot 2	IB+IG+SB+SG
12:04	100m JG H2	HEAT		12:00	High jump 1	JB
12:08	100m IG H1	HEAT				
12:12		HEAT				
	100m JB H1	HEAT				
	100m JB H2	HEAT				
12:21		HEAT				
	100m IB H1	HEAT				
	100m IB H2	HEAT				
	100m SB + SG	FINAL		12:30	Javelin 1	JG + SB + SG
	400m SB + SG	FINAL		12100		
	400m IB	FINAL				
	100m JG	FINAL				
	100m IG	FINAL				
	100m JB	FINAL		13.00	High jump 2	IB + SB
13:07		FINAL		10100	8)	
	300m JG H1	HEAT		13.30	Long jump 3	IG + SG
	300m JG H2	HEAT			Javelin 2	IG + IB
	300m IG F	FINAL		10100		
	300m JB F	FINAL				
	800m SB	FINAL				
	800m IB	FINAL		14:00	High jump 3	JG + IG
	800m JB	FINAL			Triple jump 1	JB + IG + SG
	800m SG + IG	FINAL				
		FINAL - split				
14:30	800m JG 1	across 2 races				
		FINAL - split				
14:37	800m JG 2	across 2 races		14:45	Long jump 4	JG
11.50	200m JG H1	HEAT		1/1.15	Javelin 3	JB
	200m JG H2	HEAT		14.43		10
	200m JG H2 200m IB H1	HEAT				
	200m IB H1	HEAT				
	200m IB H2 200m JB H1					
		HEAT				
12:10	200m JB H2	HEAT				
			1			1

NORFOLK SCHOOLS COUNTY CHAMPS TIMETABLE 2022

TIME	EVENT	HEAT/FINAL	TIME	EVENT	CATEGORY
15:25	300m JG	FINAL	15:15	Triple jump 2	IB + SB
15:30	1500m IG + SG	FINAL	15:30	Pole vault	All
15:37	1500m JG	FINAL			
15:44	1500m IB + SB	FINAL			
15:51	1500m JB	FINAL			
16:05	200m IG	FINAL			
16:09	200m SB + SG	FINAL			
16:13	200m IB	FINAL			
16:17	200m JB	FINAL			
16:21	200m JG	FINAL			

NORFOLK SCHOOLS TRACK TIMETABLE 2022

10:45	400m Hurdles SB	SB		FINAL
15	Calvin Smith	City college Norwich/Shaftesbury Barn	Μ	Senior
10:55	3000m	ALL		FINAL
79	Sarah Barrett	Hethersett Academy and CONAC	F	Intermediate
108	Harry Smith	Framingham Earl High School. CONAC	Μ	Intermediate
139	Samuel Yellop	Open Academy	Μ	Intermediate

11:15	JG 75m Hurdles	JG		FINAL
203	Mia Squires	Lynn Grove Academy	F	Junior
166	Chloe Thorne	Long Stratton High - Conac	F	Junior
165	Chelsey Irving	Hethersett Academy & CoNAC	F	Junior
200	Maizie Boylan	Flegg high school /Great Yarmouth dis	F	Junior
190	Lilly Tinsley	Thetford athletics	F	Junior
186	Isla Hibbett	Hethersett Academy (City of Norwich A	F	Junior
11:25	IG 80m Hurdles	IG		FINAL
84	Sophia Reeve	Thorpe St Andrew High School. Conac	F	Intermediate
63	Isabelle Mardle	Norwich School (CONAC)	F	Intermediate
42	Alisha Juby	Cromer Academy	F	Intermediate
61	Hollie Willeard	Ormiston Venture Academy & Gt Yarm	F	Intermediate
57	Freya Knight	The Nicholas Hamond Academy, Swaff	F	Intermediate
75	Rose Fairhurst	Sheringham High School, City of Norwi	F	Intermediate
64	Katie Marsh	The Deepings School (Peterborough &	F	Intermediate
11:35	JB 80m Hurdles	JB		FINAL
248	Joseph Minnis	Wymondham College	Μ	Junior
255	Leon Harris	Home educated / CoNAC	Μ	Junior
11:45	IB + SG 100m Hurdles	IB + SG		FINAL
107	Hal Morritt	Wymondham High Academy and CONA	Μ	Intermediate
111	Jaiden Dean	City of Norwich Athletic Club, homesch	Μ	Intermediate
104	Finlay Barnard	Taverham high school CONAC	Μ	Intermediate
124	Max Roe	Bourne grammar (PANVAC)	Μ	Intermediate
7	Hannah Pain	Easton College / City of Norwich AC	F	Senior
11:52	SB 110m Hurdles	SB		FINAL
30	Liam Clare	College of West Anglia. Ryston Runner	Μ	Senior
27	Joe Purbrick	St Ivo (LINCS)	Μ	Senior

12:00	100m JG H1	JG		HEAT
155	Amy Fielding	Flegg High and GYDAC	F	Junior
166	Chloe Thorne	Long Stratton High - Conac	F	Junior
199	Maisie Patrick	Reepham High School/CoNAC	F	Junior
171	Ella Goldring	Alderman Peel High School	F	Junior
153	Alexa Gartner	Reepham High School & College	F	Junior
194	Lola Van Baaren	Culford Prep School - CoNAC	F	Junior
12:04	100m JG H2	JG		HEAT
210	Sofia Odell	Thorpe St Andrew	F	Junior
150	Abigail Bransgrove	Terrington St C / Ryston Runners	F	Junior
201	Mia Hollingsworth	Alderman Peel High School	F	Junior
158	Belle Hoy	Notre Dame	F	Junior
172	Ellen Piggott	Thorpe St Andrew	F	Junior
	Aisha Elouassi	Dereham Neatherd High School	F	Junior
12:08	100m IG H1	IG		HEAT
84	Sophia Reeve	Thorpe St Andrew High School. Conac	F	Intermediate
	Emma Broad	Downham Market Academy / WNAC	F	Intermediate
66	Lily Bradley	Hethersett Academy (CONAC)	F	Intermediate
	Alisha Juby	Cromer Academy	F	Intermediate
41	Alice Marjoram	Gresham's School	F	Intermediate
	Erica Gara-George	Thorpe St. Andrew School	F	Intermediate
12:12	100m IG H2	IG		HEAT
76	Ruby Love	Sheringham high school / conac	F	Intermediate
86	Zara Kirkham	City of Norwich School	F	Intermediate
			_	
55	Evie Patrick	Reepham High School/CoNAC	F	Intermediate
45	Betsy Marsh	Reepham High School/CoNAC Wymondham College	F F	Intermediate Intermediate
45	Betsy Marsh	Wymondham College	-	Intermediate
45 56			F F	
45 56	Betsy Marsh Faith Ayilara	Wymondham College Wymondham College	F F	Intermediate Intermediate
45 56 64	Betsy Marsh Faith Ayilara	Wymondham College Wymondham College	F F	Intermediate Intermediate
45 56 64 12:16	Betsy Marsh Faith Ayilara Katie Marsh	 Wymondham College Wymondham College The Deepings School (Peterborough & 	F F	Intermediate Intermediate Intermediate
45 56 64 12:16 223	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1	 Wymondham College Wymondham College The Deepings School (Peterborough & JB 	F F F	Intermediate Intermediate Intermediate HEAT
45 56 64 12:16 223 234	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School 	F F M M	Intermediate Intermediate Intermediate HEAT Junior
45 56 64 12:16 223 234 265	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon 	F F M M M	Intermediate Intermediate Intermediate HEAT Junior Junior
45 56 64 12:16 223 234 265 270	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School 	F F M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior
45 56 64 12:16 223 234 265 270 271	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Reepham High School & College 	F F M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior
45 56 64 12:16 223 234 265 270 271	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Reepham High School & College Hobart high school and CONAC 	F F M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior
45 56 64 223 234 265 270 271 252	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Reepham High School & College Hobart high school and CONAC 	F F M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior
45 56 64 223 234 265 270 271 252 12:19	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Reepham High School & College Hobart high school and CONAC Notre Dame High School 	F F M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior Junior
45 56 64 12:16 223 234 265 270 271 252 12:19 262	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro 100m JB H2	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Alderman Peel School & College Hobart high School and CONAC Notre Dame High School JB City of Norwich School & CONAC 	F F M M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior HEAT
45 56 64 12:16 223 234 265 270 271 252 12:19 262 277	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro 100m JB H2 Mpaji Rose-Brown	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Alderman Peel School & College Hobart high School and CONAC Notre Dame High School JB City of Norwich School & CONAC 	F F M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior Junior HEAT Junior
45 56 64 12:16 223 234 265 270 271 252 12:19 262 277 283	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro 100m JB H2 Mpaji Rose-Brown Toby Smith	 Wymondham College Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Alderman Peel School & College Hobart high school and CONAC Notre Dame High School JB City of Norwich School & CONAC Broadland high ormiston academy - Cir 	F F M M M M M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior HEAT Junior Junior
45 56 64 12:16 223 234 265 270 271 252 12:19 262 277 283 285	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro 100m JB H2 Mpaji Rose-Brown Toby Smith Keiran Reeve	 Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Alderman Peel School & College Hobart high School and CONAC Notre Dame High School Gity of Norwich School & CONAC Broadland high ormiston academy - Cir Litcham High 	F F M M M M M M M M M M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior HEAT Junior Junior Junior Junior
45 56 64 12:16 223 234 265 270 271 252 12:19 262 277 283 285	Betsy Marsh Faith Ayilara Katie Marsh 100m JB H1 Archie Hannent Finlay Oligbo Oliver Rowland Ryan Harris Sam Barber Kobi Oliveira Monteiro 100m JB H2 Mpaji Rose-Brown Toby Smith Keiran Reeve Noah Rolph Toby Smith	 Wymondham College Wymondham College Wymondham College The Deepings School (Peterborough & JB Framingham Earl High School Langley school Loddon Alderman Peel School Alderman Peel School & College Hobart high school and CONAC Notre Dame High School JB City of Norwich School & CONAC Broadland high ormiston academy - Cir Litcham High Methwold 	F F M M M M M M M M M M M M M M	Intermediate Intermediate Intermediate HEAT Junior Junior Junior Junior Junior HEAT Junior Junior Junior Junior Junior

<u> </u>	100m JB H3	JB		HEAT
220	Alecks Whyte	Lynn Grove Academy/ Great Yarmouth	Μ	Junior
281	William Lupton	Taverham High School and CoNAC	Μ	Junior
274	Theo Morrell	Springwood High School WNAC	Μ	Junior
251	Kavanaugh Remy	Wymondham College	Μ	Junior
236	Finley Morby-Jones	Marshland High School	Μ	Junior
12:24	100m IB H1	IB		HEAT
127	Oliver Shipp	Langley School	Μ	Intermediate
121	Louis Labonte	Notre Dame Highschool (GYDAC)		Intermediate
	Taylor Burton	Downham Market Academy	Μ	Intermediate
	Freddie Armstrong	Gresham's School		Intermediate
119	Lewis Dickerson	Hethersett Academy	Μ	Intermediate
-	Riley Bell	The Nicholas Hammond Academy		Intermediate
	Lawrence Ip	Langley School		Intermediate
126	Noah Smith	Broadland high ormiston academy - Cit	Μ	Intermediate
	100m IB H2	IB		HEAT
	Rueben Spurdens	Old Buckenham HS / Attleborough Athl		
	Robbie Dalrymple	Taverham high school		Intermediate
	La'Sean Sealey	City Academy Norwich		Intermediate
	Damari Daley	Ormiston victory Academy		Intermediate
	Albert Williams	Gresham's School		Intermediate
	Ru McIntyre	Gresham's School		Intermediate
	Fez Afolabi	Wymondham College		Intermediate
120	Lewis Wing	Wisbech Grammar School Hunts AC (C	Μ	Intermediate
12.32	100m SB + SG F	SB + SG		FINAI
	100m SB + SG F	SB + SG Gresham's School	NЛ	FINAL
25	James Burrage	Gresham's School		Senior
25 16	James Burrage Christian Tansey	Gresham's School King Edwards VII Academy (West Norf	Μ	Senior Senior
25 16	James Burrage	Gresham's School		Senior
25 16 11	James Burrage Christian Tansey	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS)	Μ	Senior Senior
25 16 11 12:40	James Burrage Christian Tansey Sophie Bambridge	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG	Μ	Senior Senior Senior
25 16 11 12:40 6	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS)	M F	Senior Senior Senior FINAL
25 16 11 12:40 6 7	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School	M F F F	Senior Senior Senior FINAL Senior
25 16 11 12:40 6 7 1	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC	M F F F	Senior Senior Senior FINAL Senior Senior
25 16 11 12:40 6 7 1 1	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor East Norfolk Sixth Form College- CoNA	M F F F M	Senior Senior Senior FINAL Senior Senior Senior
25 16 11 12:40 6 7 1 1 13 13	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor	M F F F M	Senior Senior Senior FINAL Senior Senior Senior Senior
25 16 11 12:40 6 7 1 1 13 13	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn	M F F F M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior
25 16 11 12:40 6 7 1 1 3 13 15 24	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn	M F F F M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior
25 16 11 12:40 6 6 7 1 1 13 13 15 24 24 12:45	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn Thorpe St Andrew and Conac	M F F F M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior Senior
25 16 11 12:40 6 7 7 1 1 3 13 15 24 12:45 148	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart 400m IB	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetford East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn Thorpe St Andrew and Conac IB	F F F M M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior FINAL
25 16 11 12:40 6 7 1 1 3 13 15 24 12:45 148 129	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart 400m IB William Wassmer	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetford East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn Thorpe St Andrew and Conac IB Stalham high/ GYDAC	F F F M M M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior FINAL Intermediate
25 16 11 12:40 6 7 1 1 3 13 15 24 148 129 90	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart 400m IB William Wassmer Oscar Foreman	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfore East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barne Thorpe St Andrew and Conac IB Stalham high/ GYDAC Thetford Grammar School	F F F F M M	Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior FINAL Intermediate Intermediate
25 16 11 12:40 6 7 1 13 13 15 24 148 129 90 115	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart 400m IB William Wassmer Oscar Foreman Abdultawwab Musa-Akanbi	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetford East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn Thorpe St Andrew and Conac IB Stalham high/ GYDAC Thetford Grammar School The Hewett Academy		Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior FINAL Intermediate Intermediate
25 16 11 12:40 6 7 1 1 3 13 15 24 148 129 90 115 136	James Burrage Christian Tansey Sophie Bambridge 400m SB + SG Grace Forster Hannah Pain Abigail Clouston Ben Halliday Calvin Smith Jake Hart 400m IB William Wassmer Oscar Foreman Abdultawwab Musa-Akanbi Joseph Machin	Gresham's School King Edwards VII Academy (West Norf Hinchingbrooke (CAMBS) SB + SG Langley School Easton College / City of Norwich AC Thetford Grammar School and Thetfor East Norfolk Sixth Form College- CoNA City college Norwich/Shaftesbury Barn Thorpe St Andrew and Conac IB Stalham high/ GYDAC Thetford Grammar School The Hewett Academy Wymondham College		Senior Senior Senior FINAL Senior Senior Senior Senior Senior Senior FINAL Intermediate Intermediate Intermediate Intermediate

12:55	100m JG F	JG		FINAL
	h HEAT + 4 fastest losers			
12:59	100m IG F	IG		FINAL
- irst 2 in eac	h HEAT + 4 fastest losers			
13:03	100m JB F	JB		FINAL
irst 1 in eac	h HEAT + 5 fastest losers			
13:07	100m IB F	IB		FINAL
irst 2 in eac	h HEAT + 4 fastest losers			
	300m JG Heat 1	JG		HEAT
198	Mae Dunn	City Of Norwich School	F	Junior
	Emily Roberts	Caister Academy - GYDAC	F	Junior
	Erica Holt	Langley School	F	Junior
	Tia Gray	Flegg high school (GYDAC)	F	Junior
	Edith Avowlanu	THORPE SAINT ANDREW SCHOOL AND		Junior
216	Megan Luxford	City Of Norwich School	F	Junior
	300m JG Heat 2	JG	_	HEAT
	Lyric Allen	Riddlesworth Hall/west Suffolk ac	F	Junior
	Connie Easter	Dereham Neatherd High School	F	Junior
	Evie Clayton	Litcham High School / West Norfolk At		Junior
	Zoe Clues	Thorpe St Andrew School	F	Junior
154	Amber Goddard	Thorpe st Andrew school and conac	F	Junior
12.18	300m IG F	IG		FINAL
	Isabella Williams	Hethersett Academy (City of Norwich A	F	
	Emilie Hanson	Litcham School	F	Intermediate
	Helena Bijosh	Notre Dame High School	F	Intermediate
00			1	Internetiate
13:52	300m JB F	JB		FINAL
	Jonathan Crowle	Thorpe St Andrew	М	Junior
	Onur Kaykasuz	Dereham Neatherd High School		Junior
	Ben Griffiths	Norwich School		Junior
	Harry Youngman	Thorpe St. Andrew School and Sixth Fo		
	Sawyer Preston	Comberton Village College, Huntingdo		
	, William Percival	Wymondham High and Attleborough A		Junior
14:00	800m SB	SB		FINAL
13	Ben Halliday	East Norfolk Sixth Form College- CoNA	Μ	Senior
19	Danny Adams	City Of Norwich athletics club	Μ	Senior
22	Henry Jonas	Paston Sixth Form College	Μ	Senior
18	Daniel Harrison	East Norfolk Sixth Form College / Grea	Μ	Senior
24	Jake Hart	Thorpe St Andrew and Conac	Μ	Senior

14:07	800m IB	IB		FINAL
148	William Wassmer	Stalham high/ GYDAC	Μ	Intermediate
144	Tobias Cheesbrough	Dereham Neatherd High School	Μ	Intermediate
139	Samuel Yellop	Open Academy and City of Norwich AC	Μ	Intermediate
112	Jake Dorbin	Thetford Academy (Thetford AC)	Μ	Intermediate
100	Dominic Clues	Thorpe St Andrew School	Μ	Intermediate
95	Corben Reynolds	Great Yarmouth Charter Academy	Μ	Intermediate
14:15	800m JB 1	JB		FINAL
237	Finn Kaiser	Norwich School & City of Norwich AC	Μ	Junior
227	Cameron Wedon	Lynn Grove Academy / GYDAC	Μ	Junior
263	Noah Millership-Wallace	Langley school Loddon and Great Yarm	Μ	Junior
268	Ruben Xuereb	Aylsham High School / CONAC	Μ	Junior
267	Owen Cooper	Downham Market Academy	Μ	Junior
250	Jude Linstead	Thorpe st Andrew school and sixth for	Μ	Junior
272	Sam Goldsmith	Dereham Neatherd High School	Μ	Junior
276	Toby Scott	Acle Academy GYDAC	Μ	Junior
260	Michael Swindells	Aylsham High School	Μ	Junior
249	Joshua Stark	Thorpe St Andrew High school	Μ	Junior
230	Charlie Lloyd	Langley (GYAC)	Μ	Junior
	Mpaji Rose-Brown	City of Norwich School & CONAC	Μ	Junior
14:23	800m SG + IG	SG + IG		FINAL
72	Millie Adams	Taverham High School / City Of Norwid	F	Intermediate
54	Evie Hood	Gresham's School	F	Intermediate
53	Esme Jonas	Cromer Academy	F	Intermediate
85	Stevie Ashby	Aylsham high school and north norfolk	F	Intermediate
10	Martyna Tesluk	East Norfolk Sixth Form College	F	Senior
9	Madeleine Short	Notre dame high school (City of Norwi	F	Senior
14:30	800m JG H1	JG		FINAL - split across 2 races
	Eva Barton	Litcham School	F	Junior
	Asha Kandola	Open Academy	' F	Junior
	Amber Goddard	Thorpe st Andrew school and conac	۱ F	Junior
	Katerina Di Maria	Norwich School		Junior
	Kyla Langan	Thorpe St Andrew School and Sixth For		Junior
	Ava Mears	Reepham High / North Norfolk Harriers		Junior
	Billie-Jordan Butler	Wayland Academy	۱ F	Junior
	Rosie Dickety	Aylsham High School	г F	Junior
	Darcey McDonough	Langley	г F	Junior
100		Langley	Г	JUIIIOI

14:37	800m JG H2	JG		FINAL - split across 2 races
150	Abigail Bransgrove	Terrington St C High Ryston Runners	F	Junior
195	Lottie Hood	Town Close School	F	Junior
183	Gigi Norfolk-Ainsworth	Aylsham High School	F	Junior
189	Libby Ong	Wymondham College	F	Junior
162	Cara Bredican	Wymondham College	F	Junior
160	Bronwen Nelson	Wymondham High	F	Junior
161	Caitlin McCluskey	Parkside Community College (Cambridg	F	Junior
214	Natalia-Jane Muller	Methwold	F	Junior
14:50	200m JG H1	JG		HEAT
171	Ella Goldring	Alderman Peel High School	F	Junior
	Mia Hollingsworth	Alderman Peel High School	F	Junior
	Mia Jones	Hellesdon High School and CONAC	F	Junior
205	Natalia Niescior	Notre Dame High School	F	Junior
	Mae Dunn	City Of Norwich School	F	Junior
	Maisie Patrick	Reepham High School/CoNAC	F	Junior
14:54	200m JG H2	JG		HEAT
155	Amy Fielding	Flegg High and GYDAC	F	Junior
	Maizie Boylan	Flegg high school /Great Yarmouth dis	F	Junior
	, Eliza Adcock	Northgate High Dereham. Dereham AC		Junior
	Aisha Elouassi	Dereham Neatherd High School		Junior
	Sky Allenby	Framingham Earl High School	F	Junior
	Emily Roberts	Caister Academy - GYDAC		Junior
	, Darcey McDonough	Langley	F	Junior
	, 0			
14:58	200m IB H1	IB		HEAT
	Rueben Spurdens	Old Buckenham HS / Attleborough Athl	Μ	Intermediate
	Robbie Dalrymple	Taverham high school		Intermediate
	La'Sean Sealey	City Academy Norwich		Intermediate
	, Oscar Foreman	Thetford Grammar School	Μ	Intermediate
	Damari Daley	Ormiston victory Academy		Intermediate
	, Ru McIntyre	Gresham's School		Intermediate
	Oliver Taylor	Acorn Park School		Intermediate
	Kipp Charlesworth	Methwold		Intermediate
15:02	200m IB H2	IB		HEAT
	Fez Afolabi	Wymondham College	М	Intermediate
	Daniel Orekogbe	Wymondham College		Intermediate
127	_	Langley School		Intermediate
	Louis Labonte	Notre Dame Highschool (GYDAC)		Intermediate
	Taylor Burton	Downham Market Academy		Intermediate
-	Finlay Barnard	Taverham high school CONAC		Intermediate
	,			Intermediate
	l vler Yates	Wavland Academy		
147	Tyler Yates James Rothwell	Wayland Academy Thorpe St Andrews High School		Intermediate

15:06	200m JB H1	JB		HEAT
220	Alecks Whyte	Lynn Grove Academy/ Great Yarmouth	Μ	Junior
259	Micah Avowlanu	THORPE SAINT ANDREW SCHOOL AND	Μ	Junior
269	Ryan Gray	Norwich School	Μ	Junior
	Theo Morrell	Springwood High School WNAC	Μ	Junior
235	Finley Godsiff	Wayland Academy	Μ	Junior
	Owen Cooper		Μ	Junior
	Jude Linstead	Thorpe st Andrew school and sixth for	Μ	Junior
15:10	200m JB H2	JB		HEAT
278	Toby Smith	Framingham Earl high school	Μ	Junior
	Jeffery Amrich	Wymondham College	Μ	Junior
	, Finlay Oligbo	Langley school Loddon		Junior
	Kobi Oliveira Monteiro			Junior
	Charlie Dean			Junior
	Leland Wallace	Methwold		Junior
201				
15:25	300m JG F	JG		FINAL
	h HEAT + 4 fastest losers			
15:30	1500m -IG + SG	IG + SG		FINAL
	Martyna Tesluk	East Norfolk Sixth Form College	F	Senior
	Hattie Reynolds	Gresham's / North Norfolk Harriers	F	Senior
	Martha Shawyer	Sheringham	F	Senior
	Grace Buchanan	Paston college - City of Norwich athlet		Senior
	Bea Wells	Norwich School	F	Intermediate
	Bronwyn Austin	Litcham High School	F	Intermediate
	Esme Jonas	Cromer Academy	F	Intermediate
	Eleanor Tomkinson	Aylsham High School	F	Intermediate
	Evie Hood	Gresham's school	F	Intermediate
	Georgia Pegg	Wymondham College (CoNAC)	F	Intermediate
50		Wymonunum conege (convej		internediate
15:37	1500m - JG	JG		FINAL
	Eva Eccles	Hethersett Academy / Bure Valley Harı	F	Junior
	Evie Clayton	Litcham High School / West Norfolk AC		Junior
	Faye Nottage	Flegg High School & GYDAC	F	Junior
	Lilly Tinsley	Thetford athletics		Junior
	Erin Hernon	Wymondham College/ City of Norwich		Junior
	Connie Easter	Dereham Neatherd High School	F	Junior
	Lola Kidman	KES Academy. (WNAC)	F	Junior
	Lottie Hood	Town Close School		Junior
	Eloise Edridge	Aylsham high North Norfolk Harriers	F	Junior
	Georgia Shirley	Thorpe St Andrews High School		Junior
	Mollie Skerritt	Alderman Peel High School	г F	Junior
	Iris Dearden	Norwich HSG	г F	Junior
213			1.	JUIIIOI
		+ +		
		+		

15:44	1500m - IB + SB	IB + SB		FINAL
123	Matthew Benson	broadland high/city of norwich	Μ	Intermediate
143	Tim Bongaerts	CNS (CoNAC)	Μ	Intermediate
112	Jake Dorbin	Thetford Academy (Thetford AC)	Μ	Intermediate
109	Hugo Pattison	Wymondham College	Μ	Intermediate
95	Corben Reynolds	Great Yarmouth Charter Academy	Μ	Intermediate
149	Zachary Dunne	Notre dame high school (City of Norwi	Μ	Intermediate
26	Jeya Kandola	Sir Isaac Newton sixth form	Μ	Senior
19	Danny Adams	City Of Norwich athletics club	Μ	Senior
22	Henry Jonas	Paston Sixth Form College	Μ	Senior
18	Daniel Harrison	East Norfolk Sixth Form College / Grea	Μ	Senior
34	Zak Houghton	Thorpe St Andrew Sixth Form	Μ	Senior
	_			
15:51	1500m - JB R1	JB		FINAL
282	William Percival	Wymondham High and Attleborough A	Μ	Junior
258	Max Parsley	Fakenham Academy/North Norfolk Har	Μ	Junior
243	Jack Browne	City of Norwich School & CoNAC	Μ	Junior
225	Billy Eccles	Hethersett Academy / Bure Valley Harr	Μ	Junior
240	Henry Ashton	City of Norwich School and CONAC		Junior
221	Alfie Bone	Springwood	Μ	Junior
247	Jonathan Crowle	Thorpe St Andrew	Μ	Junior
238	Harrison Mower	Dereham Neatherd High School	Μ	Junior
239	Harry Youngman	Thorpe St. Andrew School and Sixth Fo	Μ	Junior
	Jedd Atkinson	Reepham high school	Μ	Junior
260	Michael Swindells	Aylsham High School	Μ	Junior
261	Milo Debbage	Broadland School	Μ	Junior
	Ruben Xuereb	Aylsham High School / CONAC	Μ	Junior
16:05	200m IG F	IG		FINAL
47	Caitlin Bell	Ormiston Victory Academy (City of No	F	Intermediate
76	Ruby Love	Sheringham high school/ conac	F	Intermediate
66	Lily Bradley	Hethersett Academy (CONAC)	F	Intermediate
	Erica Gara-George	Thorpe St. Andrew School	F	Intermediate
59	Gracie Calvert	Gresham's School	F	Intermediate
69	Lola Smith	hethersett academy	F	Intermediate
16:09	200m SB + SG F	SB + SG		FINAL
25	James Burrage	Gresham's School	Μ	Senior
16	Christian Tansey	King Edwards VII Academy (West Norf	Μ	Senior
	Joe Purbrick	St Ivo (LINCS)	Μ	Senior
20	Dylan Phillips	The Deeping school and Peterborough	Μ	Senior
	Grace Forster	Langley School	F	Senior

16:13	200m IB F	IB		FINAL
	h HEAT + 4 fastest losers			
16:17	200m JB F	JB		FINAL
	h HEAT + 4 fastest losers			
16:21	200m JG F	JG		FINAL
	h HEAT + 4 fastest losers			
NORFOLK SC	HOOLS FIELD TIMETABLE 2	2022	l	
10:30	Hammer	All		FINAL
	Belle Hoy	Notre Dame	F	Junior
	Lilymae Violet Coote	Flegg High Ormiston Academy	F	Junior
	William Lupton	Taverham High School		Junior
	Lennon Thompson	Langley School		Junior
	Thomas Norkett	Thetford Academy		Junior
215				····-·
10:30	Long jump 1	IB + SB		FINAL
	Ryan Wood	City of Norwich	М	Intermediate
	Ethan Ellis	Wymondham High School		Intermediate
	Joel Field	Norwich School	M	Intermediate
	Stanley Riseborough	Thorpe St. Andrew School		Intermediate
	Billy Francis	Norwich School		Intermediate
	Lewis Dickerson	Hethersett Academy		Intermediate
	Riley Bell	The Nicholas Hammond Academy		Intermediate
	Lawrence Ip	Langley School		Intermediate
99	David MacQueen	St Bede's Interchurch School (CAMBS)		Intermediate
	Tyler Yates	Wayland Academy		Intermediate
	Liam Clare	College of West Anglia.	_	Senior
	Kieran Bell	Dereham sixth form college	_	Senior
	Thomas Hufford	Comberton sixth form (CAMBS)	M	Senior
10:30	Shot 1	JB + JG		FINAL
	Charlotte Gilding	Framingham Earl High School	F	Junior
	Erin Moon	Dereham Neatherd High School	F	Junior
	Katerina Di Maria	Norwich School	F	Junior
	Sienna Cox	Langley School	F	Junior
	Marcus Wood	Reepham High School		Junior
	Henry Kerrison	Langley school		Junior
	Ryan Harris	Reepham High School & College	Μ	Junior
	, Charlie Dean	Langley School	Μ	Junior
	Toby Smith	Broadland high ormiston academy		Junior
	Finley Morby-Jones	Marshland High School		Junior
	Finn Kaiser	Norwich School		Junior
				Junior

11:15	Discus	All		FINAL
275	Thomas Norkett	Thetford Academy	Μ	Junior
257	Matas Salomskas	The Hewett Academy	Μ	Junior
231	Charlie Russell	Wymondham College	Μ	Junior
264	Oliver Blinkhorn	Langley School	Μ	Junior
43	Ava de Cooper Wride	Norwich School	F	Intermediate
	Abigail Kennard	Wymondham College	F	Intermediate
	Tim Bongaerts	CNS	Μ	Intermediate
	Edgar Alston	Gresham's School	Μ	Intermediate
	Tom Hendrick	Wymondham College	Μ	Intermediate
92	Alex Scott	Langley senior school	Μ	Intermediate
125	Miles Hovell	Springwood	Μ	Intermediate
21	Freddie Papworth	Gresham's School	Μ	Senior
	· ·			
11:45	Long jump 2	JB		FINAL
	Charlie Broad	Downham Market Academy	Μ	Junior
256	Marcus Wood	Reepham High School	Μ	Junior
259	Micah Avowlanu	Thorpe St Andrew	Μ	Junior
222	Alfie Jeffries	Dereham Neatherd High School	Μ	Junior
	Kavanaugh Remy	Wymondham College	Μ	Junior
	Joel Iyaji	Notre Dame High School Norwich	Μ	Junior
	Oliver Rowland	Alderman Peel School	Μ	Junior
	William Gregson	Broadland High	Μ	Junior
	Lennon Thompson	Langley School	Μ	Junior
12:00	Shot 2	IB+IG+SB+SG		FINAL
70	Maddy Powles-Warren	Hethersett Academy	F	Intermediate
	Lily-May Goddard-Kemp	Wayland Academy	F	Intermediate
101	Edgar Alston	Gresham's School	Μ	Intermediate
	Jack Kooreman	Gresham's School	Μ	Intermediate
	George Stannard	Methwold	Μ	Intermediate
	Asha Soanes	Abbeygate 6th form (SUFFOLK)	F	Senior
	Ellen Cunningham	Langley School Sixth Form	F	Senior
	Freddie Papworth	Gresham's School	Μ	Senior
	William Lamprell	Ipswich School (SUFFOLK)	Μ	Senior
	Ashton Webb	Wisbech Grammar School (CAMBS)		Senior

12:00	High jump 1	JB		FINAL
	Jack Browne	City of Norwich School	Μ	Junior
225	Billy Eccles	Hethersett Academy	Μ	Junior
	Alfie Bone	Springwood	Μ	Junior
269	Ryan Gray	Norwich School	Μ	Junior
	Tom Hardy	Norwich School	Μ	Junior
	Jeffery Amrich	Wymondham College	Μ	Junior
	, Kunle Adedoyin	Wymondham College	Μ	Junior
	Ewan Thompson	Northgate High School	М	Junior
	Leon Harris	Home educated	Μ	Junior
249	Joshua Stark	Thorpe St Andrew High school	Μ	Junior
	Charlie Lloyd	Langley	М	Junior
12:30	Javelin 1	JG + SB + SG		FINAL
	Lilymae Violet Coote	Flegg High Ormiston Academy	F	Junior
	Kyla Langan	Thorpe St Andrew School and Sixth For		Junior
	Aggie Long	Litcham High	F	Junior
	Cara Bredican	Wymondham College	F	Junior
	Mia Jones	Hellesdon High School	F	Junior
	Lois Cargill	Langley School	F	Junior
	Rebecca Warnes	Norwich School	F	Junior
	Asha Soanes	Abbeygate 6th form (SUFFOLK)	F	Senior
	Oliver Thomas	Gresham's School	М	Senior
	Conrad Winter	Easton College	М	Senior
	Ashton Webb	Wisbech Grammar School (CAMBS)	M	Senior
13:00	High jump 2	IB + SB		FINAL
	High jump 2 Dominic Clues		M	FINAL Intermediate
100	Dominic Clues	Thorpe St Andrew School		
100 98	Dominic Clues Daniel Orekogbe	Thorpe St Andrew School Wymondham College	М	Intermediate Intermediate
100 98 146	Dominic Clues Daniel Orekogbe Tyler Hinde	Thorpe St Andrew School Wymondham College Northgate High School	M M	Intermediate Intermediate Intermediate
100 98 146 105	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong	Thorpe St Andrew School Wymondham College Northgate High School Gresham's School	M M M	Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academy	M M M	Intermediate Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt	 Thorpe St Andrew School Wymondham College Northgate High School Gresham's School Broadland high ormiston academy Wymondham High Academy 	M M M M	Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107 20	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips	 Thorpe St Andrew School Wymondham College Northgate High School Gresham's School Broadland high ormiston academy Wymondham High Academy The Deeping school (LINCS) 	M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107 20	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt	 Thorpe St Andrew School Wymondham College Northgate High School Gresham's School Broadland high ormiston academy Wymondham High Academy 	M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior
100 98 146 105 126 107 20 14	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel	 Thorpe St Andrew School Wymondham College Northgate High School Gresham's School Broadland high ormiston academy Wymondham High Academy The Deeping school (LINCS) Gresham's School 	M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior
100 98 146 105 126 107 20 14 13:30	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SG	M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL
100 98 146 105 126 107 20 14 14 13:30 51	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market Academy	M M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior
100 98 146 105 126 107 20 14 13:30 51 81	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SG	M M M M F	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich School	M M M M M F F	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50 57	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond Academy	M M M M M F F F	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50 57 57	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight Faith Ayilara	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond AcademyWymondham College	M M M M M F F F F	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50 57 56 69	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight Faith Ayilara Lola smith	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond AcademyWymondham Collegehethersett academy	M M M M M M F F F F	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107 20 14 14 13:30 51 81 50 57 56 69 73	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight Faith Ayilara Lola smith Moria Howard	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond AcademyWymondham Collegehethersett academy (CAMBS)	M M M M M M M M M M M M M M M M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50 57 56 69 73 71	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight Faith Ayilara Lola smith Moria Howard Maria Amojo	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond AcademyWymondham Collegehethersett academySawtry Village Academy (CAMBS)Cambridge (CAMBS)	M M M M M M M M M M M M M M M M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate Intermediate Intermediate Intermediate Intermediate
100 98 146 105 126 107 20 14 13:30 51 81 50 57 56 69 73 71	Dominic Clues Daniel Orekogbe Tyler Hinde Freddie Armstrong Noah Smith Hal Morritt Dylan Phillips Ben Michel Long jump 3 Emma Broad Shannon Wheatley Emily Clarke Freya Knight Faith Ayilara Lola smith Moria Howard	Thorpe St Andrew SchoolWymondham CollegeNorthgate High SchoolGresham's SchoolBroadland high ormiston academyWymondham High AcademyThe Deeping school (LINCS)Gresham's SchoolIG + SGDownham Market AcademySt Clements High SchoolNorwich SchoolThe Nicholas Hamond AcademyWymondham Collegehethersett academy (CAMBS)	M M M M M M M M M M M M M M M M M M M	Intermediate Intermediate Intermediate Intermediate Intermediate Senior Senior FINAL Intermediate Intermediate Intermediate Intermediate Intermediate Intermediate Intermediate

13:30	Javelin 2	IG + IB		FINAL
116	Kyle Thorne	Dereham Neatherd High School	Μ	Intermediate
133	Rory Richardson	Gresham's School	Μ	Intermediate
132	Robbie Fitzsimmons	Gresham's School	Μ	Intermediate
142	Thomas O'Neill	Norwich School	М	Intermediate
122	Louis Preston	Attleborough academy	М	Intermediate
125	Miles Hovell	Springwood	Μ	Intermediate
63	Isabelle Mardle	Norwich School	F	Intermediate
61	Hollie Willeard	Ormiston Venture Academy	F	Intermediate
48	Eleanor Tomkinson	Aylsham High School	F	Intermediate
70	Maddy Powles-Warren	Hethersett Academy	F	Intermediate
	Sophia Pickering	Wymondham College	F	Intermediate
	Ljiljana Raven	Wymondham College	F	Intermediate
	Sadie Werrett	Kimbolton (CAMBS)	F	Intermediate
14:00	High jump 3	JG + IG		FINAL
	Charley Wheatley	St Clements High School	F	Junior
211	Tia Gray	Flegg high school	F	Junior
	Charlotte Gilding	Framingham Earl High School	F	Junior
	Faye Nottage	Flegg High School	F	Junior
	Heidi Noakes	Norwich School	F	Junior
186	Isla Hibbett	Hethersett Academy	F	Junior
207	Ruby Scott	Acle Academy	F	Junior
	Heidi Noakes	Norwich School	F	Junior
62	Isabella Williams	Hethersett Academy	F	Intermediate
80	Savannah Gutteridge	City Academy Norwich	F	Intermediate
	Shannon Wheatley	St Clements High School	F	Intermediate
	Skye Harvey	Wayland Academy	F	Intermediate
	Peri Ulgen	Wymondham College	F	Intermediate
	Ŭ			
14:15	Triple jump 1	JB + IG + SG		FINAL
47	Caitlin Bell	Ormiston Victory Academy	F	Intermediate
65	Leda Rehus	Wymondham College	F	Intermediate
45	Betsy Marsh	Wymondham College	F	Intermediate
73	Moria Howard	Sawtry Village Academy (CAMBS)	F	Intermediate
3	Bethan Amblin	Sir Isaac Newton Sixth Form	F	Senior
231	Charlie Russell	Wymondham College	Μ	Junior
246	Joel Iyaji	Notre Dame High School	Μ	Junior
263	Noah Millership-Wallace	Langley school Loddon	Μ	Junior
271	Sam Barber	Hobart high school	Μ	Junior
			i	

14:45	Long jump 4	JG		FINAL
	Mia Squires	Lynn Grove Academy	F	Junior
163	Charley Wheatley	St Clements High School	F	Junior
172	Ellen Piggott	Thorpe St Andrew	F	Junior
170	Eliza Adcock	Northgate High Dereham	F	Junior
177	Erin Moon	Dereham Neatherd High School	F	Junior
210	Sofia Odell	Thorpe St Andrew	F	Junior
207	Ruby Scott	Acle Academy	F	Junior
197	Macy Shaw	Thorpe St. Andrew School	F	Junior
209	Sky Allenby	Framingham Earl High School	F	Junior
215	Zoe Clues	Thorpe St Andrew School	F	Junior
184	Hattie Marsh	Wymondham College	F	Junior
204	Mollie Skerritt	Alderman Peel High School	F	Junior
194	Lola Van Baaren	Culford Prep School	F	Junior
14:45	Javelin 3	JB		FINAL
228	Charlie Broad	Downham Market Academy	Μ	Junior
240	Henry Ashton	City of Norwich School	Μ	Junior
248	Joseph Minnis	Wymondham College	Μ	Junior
226	Blakeleveridge	The Hewett Academy	Μ	Junior
223	Archie Hannent	Framingham Earl High School	Μ	Junior
280	William Gregson	Broadland High	Μ	Junior
232	Cruz Bayfield	Langley School	Μ	Junior
264	Oliver blinkhorn	Langley School	Μ	Junior
15:15	Triple jump 2	IB + SB		FINAL
137	Ryan Wood	City of Norwich	Μ	Intermediate
140	Stanley Riseborough	Thorpe St. Andrew School	Μ	Intermediate
94	Billy Francis	Norwich School		Intermediate
106	Freddie Green	Gresham's School	Μ	Intermediate
136	Ryan Banda	Wymondham College	Μ	Intermediate
138	Sam Green	Gresham's School	Μ	Intermediate
93	Angel Pircalabescu	Wayland Academy	Μ	Intermediate
17	Conrad Winter	Easton College	Μ	Senior
29	Kieran Bell	Dereham sixth form college	Μ	Senior
32	Thomas Hufford	Comberton sixth form (CAMBS)	Μ	Senior
15:30	Pole vault	All		FINAL
	Jacob Brown	Norwich School & CONAC	Μ	Senior
	Bethan Amblin	Sir Isaac Newton Sixth Form	F	Senior

ENTRY LISTS & BIB NUMBERS - SORTED BY CATEGORY

JUNIOR GIRLS

JUNIOR GIRI		
150	Abigail Bransgrove	Terrington St C / Ryston Runners
151	Aggie Long	Litcham High
152	Aisha Elouassi	Dereham Neatherd High School
153	Alexa Gartner	Reepham High School & College
154	Amber Goddard	Thorpe st Andrew school and conac
155	Amy Fielding	Flegg High and GYDAC
156	Asha Kandola	Open Academy
157	Ava Mears	Reepham High- North Norfolk Harriers
158	Belle Hoy	Notre Dame
159	Billie-Jordan Butler	Wayland Academy
160	Bronwen Nelson	Wymondham High
161	Caitlin McCluskey	Parkside Community College (CAMBS)
162	Cara Bredican	Wymondham College
163	Charley Wheatley	St Clements High School
164	Charlotte Gilding	Framingham Earl High School
165	Chelsey Irving	Hethersett Academy & CoNAC
166	Chloe Thorne	Long Stratton High - Conac
167	Connie Easter	Dereham Neatherd High School
168	Darcey McDonough	Langley
169	Edith Avowlanu	THORPE SAINT ANDREW SCH
170	Eliza Adcock	Northgate High Dereham.
171	Ella Goldring	Alderman Peel High School
172	Ellen Piggott	Thorpe St Andrew
173	Eloise Edridge	Aylsham high North Norfolk Harriers
174	Emily Roberts	Caister Academy - GYDAC
175	Erica Holt	Langley School
176	Erin Hernon	Wymondham College/ City of Norwich
177	Erin Moon	Dereham Neatherd High School
178	Eva Barton	Litcham School
179	Eva Eccles	Hethersett Academy / BVH
180	Evie Clayton	Litcham High School / WN
181	Faye Nottage	Flegg High School & GYDAC
182	Georgia Shirley	Thorpe St Andrews High School
183	Gigi Norfolk-Ainsworth	Aylsham High School
184	Hattie Marsh	Wymondham College
185	Heidi Noakes	Norwich School
213	Iris Dearden	Norwich HSG
186	Isla Hibbett	Hethersett Academy
187	Katerina Di Maria	Norwich School
188	Kyla Langan	Thorpe St Andrew School
189	Libby Ong	Wymondham College
190	Lilly Tinsley	Thetford athletics
191	Lilymae Violet Coote	Flegg High Ormiston Academy
192	Lois Cargill	Langley School
193	Lola Kidman	KES Academy. (WNAC)

194	Lola Van Baaren	Culford Prep School - CoNAC
195	Lottie Hood	Town Close School
196	Lyric Allen	Riddlesworth Hall/west Suffolk ac
197	Macy Shaw	Thorpe St. Andrew School
198	Mae Dunn	City Of Norwich School
199	Maisie Patrick	Reepham High School/CoNAC
200	Maizie Boylan	Flegg high school /Great Yarmouth
216	Megan Luxford	City Of Norwich School
201	Mia Hollingsworth	Alderman Peel High School
202	Mia Jones	Hellesdon High School and CONAC
203	Mia Squires	Lynn Grove Academy
204	Mollie Skerritt	Alderman Peel High School
205	Natalia Niescior	Notre Dame High School
214	Natalia-Jane Muller	Methwold
206	Rebecca Warnes	Norwich School
212	Rosie Dickety	Aylsham High School
207	Ruby Scott	Acle Academy
208	Sienna Cox	Langley School
209	Sky Allenby	Framingham Earl High School
210	Sofia Odell	Thorpe St Andrew
211	Tia Gray	Flegg high school (GYDAC)
215	Zoe Clues	Thorpe St Andrew School

JUNIOR BOYS

JOINION DOI	5	
220	Alecks Whyte	Lynn Grove Academy/ Great Yarmouth
221	Alfie Bone	Springwood
222	Alfie Jeffries	Dereham Neatherd High School
223	Archie Hannent	Framingham Earl High School
224	Ben Griffiths	Norwich School
225	Billy Eccles	Hethersett Academy / BVH
226	Blakeleveridge	The Hewett Academy
227	Cameron Wedon	Lynn Grove Academy / GYDAC
228	Charlie Broad	Downham Market Academy
229	Charlie Dean	Langley School
230	Charlie Lloyd	Langley (GYAC)
231	Charlie Russell	Wymondham College
232	Cruz Bayfield	Langley School
233	Ewan Thompson	Northgate High School
234	Finlay Oligbo	Langley school Loddon
235	Finley Godsiff	Wayland Academy
236	Finley Morby-Jones	Marshland High School
237	Finn Kaiser	Norwich School & City of Norwich AC
238	Harrison Mower	Dereham Neatherd High School
239	Harry Youngman	Thorpe St. Andrew School
240	Henry Ashton	City of Norwich School and CONAC
241	Henry Kerrison	Langley school
243	Jack Browne	City of Norwich School & CoNAC
244	Jedd Atkinson	Reepham high school

245	Jeffery Amrich	Wymondham College
	Joel Iyaji	Notre Dame High School Norwich
247	Jonathan Crowle	Thorpe St Andrew
248	Joseph Minnis	Wymondham College
	Joshua Stark	Thorpe St Andrew High school
250	Jude Linstead	Thorpe st Andrew school and 6th form
251	Kavanaugh Remy	Wymondham College
	Keiran Reeve	Litcham High
252	Kobi Oliveira Monteiro	Notre Dame High School
253	Kunle Adedoyin	Wymondham College
284	Leland Wallace	Methwold
254	Lennon Thompson	Langley School
255	Leon Harris	Home educated / CoNAC
256	Marcus Wood	Reepham High School
257	Matas Salomskas	The Hewett Academy
258	Max Parsley	Fakenham Academy/NNH
259	Micah Avowlanu	Thorpe St Andrew High school
260	Michael Swindells	Aylsham High School
261	Milo Debbage	Broadland School
262	Mpaji Rose-Brown	City of Norwich School & CONAC
263	Noah Millership-Wallace	Langley school Loddon and Great Yar
285	Noah Rolph	Methwold
264	Oliver Blinkhorn	Langley School
265	Oliver Rowland	Alderman Peel School
266	Onur Kaykasuz	Dereham Neatherd High School
267	Owen Cooper	Downham Market Academy
268	Ruben Xuereb	Aylsham High School / CONAC
269	Ryan Gray	Norwich School
	Ryan Harris	Reepham High School & College
271	Sam Barber	Hobart high school and CONAC
272	Sam Goldsmith	Dereham Neatherd High School
273	Sawyer Preston	Comberton Village College (CAMBS)
274	Theo Morrell	Springwood High School WNAC
275	Thomas Norkett	Thetford Academy
276	Toby Scott	Acle Academy GYDAC
277	Toby Smith	Broadland high ormiston academy
278	Toby Smith	Framingham Earl high school
279	Tom Hardy	Norwich School
280	William Gregson	Broadland High
281	William Lupton	Taverham High School and CoNAC
282	William Percival	Wymondham High and Attleborough

INTERMEDIATE GIRLS

40	Abigail Kennard	Wymondham College
41	Alice Marjoram	Gresham's School
42	Alisha Juby	Cromer Academy
43	Ava de Cooper Wride	Norwich School
44	Bea Wells	Norwich School

45	Betsy Marsh	Wymondham College
	Bronwyn Austin	Litcham High School
	Caitlin Bell	Ormiston Victory Academy
	Eleanor Tomkinson	Aylsham High School
	Emilie Hanson	Litcham School
	Emily Clarke	Norwich School
	, Emma Broad	Downham Market Academy / WNAC
	Erica Gara-George	Thorpe St. Andrew School
	Esme Jonas	Cromer Academy
54	Evie Hood	Gresham's School
55	Evie Patrick	Reepham High School/CoNAC
	Faith Ayilara	Wymondham College
	Freya Knight	The Nicholas Hamond Academy
	Georgia Pegg	Wymondham College (CoNAC)
	Gracie Calvert	Gresham's School
60	Helena Bijosh	Notre Dame High School
	Hollie Willeard	Ormiston Venture Academy
62	Isabella Williams	Hethersett Academy
63	Isabelle Mardle	Norwich School (CONAC)
64	Katie Marsh	The Deepings School (LINCS)
65	Leda Rehus	Wymondham College
66	Lily Bradley	Hethersett Academy (CONAC)
67	Lily-May Goddard-Kemp	Wayland Academy
	Ljiljana Raven	Wymondham College
69	Lola Smith	hethersett academy
70	Maddy Powles-Warren	Hethersett Academy
71	Maria Amojo	Cambridge (CAMBS)
72	Millie Adams	Taverham High School
73	Moria Howard	Sawtry Village Academy (CAMBS)
74	Peri Ulgen	Wymondham College
	Rose Fairhurst	Sheringham High School
76	Ruby Love	Sheringham high school / conac
78	Sadie Werrett	Kimbolton (CAMBS)
79	Sarah Barrett	Hethersett Academy and CONAC
80	Savannah Gutteridge	City Academy Norwich
81	Shannon Wheatley	St Clements High School
82	Skye Harvey	Wayland Academy
83	Sophia Pickering	Wymondham College
84	Sophia Reeve	Thorpe St Andrew High School. Conac
85	Stevie Ashby	Aylsham high school and NNH
86	Zara Kirkham	City of Norwich School

INTERMEDIATE BOYS

90	Abdultawwab Musa-Akanbi	The Hewett Academy
91	Albert Williams	Gresham's School
92	Alex Scott	Langley senior school
93	Angel Pircalabescu	Wayland Academy
94	Billy Francis	Norwich School

95	Corben Reynolds	Great Yarmouth Charter Academy
-	Damari Daley	Ormiston victory Academy
	Daniel Clouston	Thetford Grammar School
	Daniel Orekogbe	Wymondham College
-	David MacQueen	St Bede's Interchurch School (CAMBS)
	Dominic Clues	Thorpe St Andrew School
	Edgar Alston	Gresham's School
	Ethan Ellis	Wymondham High School
	Fez Afolabi	Wymondham College
	Finlay Barnard	Taverham high school CONAC
	Flynn Buckle	Methwold
	Freddie Armstrong	Gresham's School
-	Freddie Green	Gresham's School
	George Stannard	Methwold
	Hal Morritt	Wymondham High Academy
	Harry Smith	Framingham Earl High School. CONAC
	Hugo Pattison	Wymondham College
	Jack Kooreman	Gresham's School
	Jaiden Dean	Homeschooled
	Jake Dorbin	Thetford Academy (Thetford AC)
	James Rothwell	Thorpe St Andrews High School
	Joel Field	Norwich School
	Joseph Machin	Wymondham College
	Kipp Charlesworth	Methwold
	Kyle Thorne	Dereham Neatherd High School
	, La'Sean Sealey	City Academy Norwich
	Lawrence Ip	Langley School
	Lewis Dickerson	Hethersett Academy
-	Lewis Wing	Wisbech Grammar School (CAMBS)
	Louis Labonte	Notre Dame Highschool (GYDAC)
	Louis Preston	Attleborough academy
123	Matthew Benson	broadland high/city of norwich
124	Max Roe	Bourne grammar (PANVAC)
125	Miles Hovell	Springwood
126	Noah Smith	Broadland high ormiston academy
127	Oliver Shipp	Langley School
	Oliver Taylor	Acorn Park School
	Oscar Foreman	Thetford Grammar School
130	Riley Bell	The Nicholas Hammond Academy
131	Robbie Dalrymple	Taverham high school
132	Robbie Fitzsimmons	Gresham's School
133	Rory Richardson	Gresham's School
134	Ru McIntyre	Gresham's School
135	Rueben Spurdens	Old Buckenham HS / Attleborough
136	Ryan Banda	Wymondham College
137	Ryan Wood	City of Norwich
138	Sam Green	Gresham's School
139	Samuel Yellop	Open Academy

140	Stanley Riseborough	Thorpe St. Andrew School
141	Taylor Burton	Downham Market Academy
142	Thomas O'Neill	Norwich School
143	Tim Bongaerts	CNS (CoNAC)
144	Tobias Cheesbrough	Dereham Neatherd High School
145	Tom Hendrick	Wymondham College
146	Tyler Hinde	Northgate High School
147	Tyler Yates	Wayland Academy
148	William Wassmer	Stalham high/ GYDAC
149	Zachary Dunne	Notre dame high school

SENIOR GIRLS

1	Abigail Clouston	Thetford Grammar School
2	Asha Soanes	Abbeygate 6th form (SUFFOLK)
3	Bethan Amblin	Sir Isaac Newton Sixth Form
4	Ellen Cunningham	Langley School Sixth Form
5	Grace Buchanan	Paston college
6	Grace Forster	Langley School
7	Hannah Pain	Easton College / City of Norwich AC
8	Hattie Reynolds	Gresham's / North Norfolk Harriers
9	Madeleine Short	Notre dame high school
35	Martha Shawyer	Sheringham
10	Martyna Tesluk	East Norfolk Sixth Form College
11	Sophie Bambridge	Hinchingbrooke (CAMBS)

SENIOR BOYS

12	Ashton Webb	Wisbech Grammar School (CAMBS)
13	Ben Halliday	East Norfolk Sixth Form College
14	Ben Michel	Gresham's School
15	Calvin Smith	City college Norwich/Shaftesbury
16	Christian Tansey	King Edwards VII Academy
17	Conrad Winter	Easton College
18	Daniel Harrison	East Norfolk Sixth Form College
19	Danny Adams	City Of Norwich athletics club
20	Dylan Phillips	The Deeping school (LINCS)
21	Freddie Papworth	Gresham's School
22	Henry Jonas	Paston Sixth Form College
23	Jacob Brown	Norwich School & CONAC
24	Jake Hart	Thorpe St Andrew and Conac
25	James Burrage	Gresham's School
26	Jeya Kandola	Sir Isaac Newton sixth form
27	Joe Purbrick	St Ivo (LINCS)
29	Kieran Bell	Dereham sixth form college
30	Liam Clare	College of West Anglia
31	Oliver Thomas	Gresham's School
32	Thomas Hufford	Comberton sixth form (CAMBS)
33	William Lamprell	Ipswich School (SUFFOLK)
34	Zak Houghton	Thorpe St Andrew Sixth Form