

ESAA – NORFOLK ROLL OF HONOUR

The *Norfolk Schools' Athletics Association* was formed in 1930 with the first County Championship being held the same year. This competition only involved the *Great Yarmouth Schools' Athletics Association* and *Norwich Elementary Schools' Athletic Sports Associations*. From 1934 Schools' Associations affiliated to the *Norfolk County Schools' Athletics Association* (see below) took part in the Norfolk S.A.A. Championships.

The *Norfolk County Schools' Athletics Association*, formed in November 1933, was for the more rural districts of the county of Norfolk. They held their own championship from 1934 with the winners progressing to the *Norfolk Schools' Athletics Association* County Championships where they competed against the other districts. Their performances at the 1934 Norfolk S.A.A. County Championship led to 50% of the Norfolk team for the ESAA Championship in Blackpool being from the *County Association's* schools.

The first Norfolk ESAA championship medallist was Arthur Campling with the silver medal in the 1931 Boys high jump. He was also the first Norfolk ESAA champion when he tied for first place in the 1932 event.

OLYMPIC GAMES MEDALLIST

Anne Pashley 1956 4 x 100m Silver
1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1

EUROPEAN CHAMPIONSHIP MEDALLISTS

Anne Pashley 1954 4 x 100m Bronze
1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1

Mike Tagg 1969 10000m Silver
1961 J 1500m-1, 1962 I 1500m-3, 1963 I CC-1, 1964 S CC-1, 1964 S 1500m-1,
1965 S CC-1, 1965 S 1500m-2

Chris Baker 2016 High Jump Bronze
2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2, 2009 S HJ-3

COMMONWEALTH GAMES MEDALLIST

Anne Pashley 1954 4 x 110y Silver
1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1

BRITISH CHAMPIONS

Anne Pashley 1953 and 1954 100y
1951 I 100y-1, 1952 I 100y-1, 1953 S 100y-1

Rachel Kirby 1992 Triple Jump
1986 S 200m-3

Barbara Parker 2010 3000m Steeplechase
1999 I 800m-2, 2001 S 800m-1

Iona Lake 2017 3000m Steeplechase

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| | |
|-------------------|--|
| | 2011 S CC-2 |
| Sophie McKinna | 2019-21 2020 Shot Put 2008 J SP-2, 2009 I SP-3, 2010 I SP-1 |
| Kent Ulyatt | 1997 400m 1990 S 400m-3 |
| Chris Baker | 2018 High Jump 2005 J HJ-3, 2007 I HJ-1, 2008 S HJ-2, 2009 S HJ-3 |
| Daniel Bainbridge | 2021 Javelin Throw 2017 S JT-1 |

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA championship performances which are shown in the following abbreviated format – *yyyy a eeee - p* where :

yyyy Championship Year
a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-16 (U16) and Under- 14 (U14))
eeee Event
p Place achieved (note an ‘h-’ indicates the performance was in a heat and ‘r-’ indicates it was in a preliminary round)

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ESAA GIRLS CHAMPIONS

| | | | | | | | |
|------|-----|------|---------------------|------|---|-------|------------------|
| 1933 | U14 | HJ | Grace Halliday | 1992 | J | PEN | Claire Everett |
| 1938 | U16 | 100y | Sybil Buckle | 1993 | J | HJ | Claire Everett |
| 1951 | I | 100y | Anne Pashley | 1993 | J | PEN | Claire Everett |
| 1952 | J | HJ | P. Staff | 1996 | S | 400m | Emma Symonds |
| 1952 | I | 100y | Anne Pashley | 1997 | S | 400mH | Cicely Hall |
| 1953 | S | 100y | Anne Pashley | 2000 | J | 75mH | Leah McGuire |
| 1956 | S | DT | S. Wakefield | 2001 | J | 75mH | Leah McGuire |
| 1958 | I | LJ | Judith Starling | 2001 | S | 800m | Barbara Parker |
| 1959 | I | LJ | Judith Starling | 2002 | I | 300mH | Maria Garavand |
| 1960 | S | LJ | Judith Starling | 2002 | S | 3000m | Ruth Proctor |
| 1961 | J | LJ | Helen Poldesney | 2003 | J | 800m | Gillian Moss |
| 1961 | S | 880y | Mary Tagg | 2005 | I | HT | Megan Boon |
| 1962 | I | 880y | Maureen Day | 2006 | I | CC | Rosie Betts |
| 1962 | S | 880y | Mary Tagg | 2007 | S | 3000m | Danielle Nimmock |
| 1963 | I | 880y | Maureen Day | 2007 | S | 800m | Rachel Stringer |
| 1964 | J | SP | Joyce Hart | 2008 | S | 800m | Rachel Stringer |
| 1965 | J | SP | Joyce Hart | 2009 | J | 100m | Cleio Stephenson |
| 1970 | S | DT | Gwen Bird | 2009 | J | JT | Laura McDonald |
| 1976 | J | 100m | Pippa Baker | 2010 | I | SP | Sophie McKinna |
| 1977 | I | 100m | Pippa Baker | 2014 | S | JT | Elspeth Jamieson |
| 1978 | I | 100m | Pippa Baker | 2021 | J | 75mH | Isabelle Mardle |
| 1979 | S | 100m | Pippa Baker | 2021 | J | PEN | Isabelle Mardle |
| 1988 | J | SP | Michaela Nascimento | | | | |

ESAA – NORFOLK ROLL OF HONOUR

ESAA BOYS CHAMPIONS

| | | | | | | | |
|------|-----|-------|------------------|------|---|---------|-------------------------|
| 1932 | U14 | HJ | Arthur Campling | 1971 | J | 800m | Gary Jarvis |
| 1933 | U14 | LJ | Mervyn Vickery | 1971 | I | 3000m | Kevin Steere |
| 1939 | U14 | 440y | R. Archbold | 1972 | S | 5000m | Kevin Steere |
| 1939 | U16 | HJ | F. Krubber | 1973 | S | 5000m | Kevin Steere |
| 1948 | J | 100y | W. Alcock | 1973 | S | CC | Kevin Steere |
| 1950 | J | DT | R. Pearson | 1985 | I | 3000m | Darren Mead |
| 1951 | J | SP | L. Brighton | 1985 | I | CC | Darren Mead |
| 1951 | I | LJ | J. Ward | 2006 | J | 800m | James Senior |
| 1954 | J | JT | John Andrews | 2007 | I | HJ | Christopher Baker |
| 1955 | J | LJ | L. Hubbard | 2007 | S | 3000m | Mitch Goose |
| 1955 | J | TJ | Bernard Bailey | 2007 | S | CC | Mitchell Goose |
| 1956 | J | 100y | Barry Bridges | 2008 | J | HT | Danny Clayton |
| 1957 | I | PV | L. J. Ely | 2008 | I | 1500mST | James Senior |
| 1958 | J | JT | John Gibbs | 2009 | J | HJ | Zino Mario Ghae |
| 1958 | S | JT | Robin Howes | 2009 | J | JT | Oliver Bradfield |
| 1959 | J | SP | Anthony Elvin | 2010 | J | 400m | Aaron Pitt |
| 1959 | S | JT | Robin Howes | 2010 | J | JT | Oliver Bradfield |
| 1960 | S | 200yH | Barry Williamson | 2010 | S | LJ | James McLachlan |
| 1960 | S | 440y | Derek Farman | 2011 | I | HT | Michael Painter |
| 1961 | J | 1M | Mike Tagg | 2012 | S | HT | Callum Brown |
| 1963 | I | 440y | Mike Fitzgerald | 2012 | S | TJ | Jimi Tele |
| 1963 | I | CC | Mike Tagg | 2013 | S | HT | Michael Painter |
| 1964 | S | 1M | Mike Tagg | 2016 | I | TJ | Wesley Matsuka-Williams |
| 1964 | S | CC | Mike Tagg | 2017 | S | JT | Daniel Bainbridge |
| 1965 | S | CC | Mike Tagg | 2018 | S | TJ | Wesley Matsuka-Williams |
| 1968 | S | 1M | Paul Dennis | 2021 | I | 400m | Calvin Smith |

ESAA – NORFOLK ROLL OF HONOUR

WORLD JUNIOR / U20 MEDALLIST - BOYS

1994 Nick Budden 4 x 400m Bronze

EUROPEAN JUNIOR / U20 MEDALLIST - GIRLS

2013 Sophie McKinna Shot Put Silver

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1991 Kent Ulyatt 4 x 400m Gold

1993 Nick Budden 4 x 400m Gold

ESAA – NORFOLK ROLL OF HONOUR

MULTI-SPORT ATHLETES

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Triathlon and Weightlifting.

Details follow of two of Norfolk's ESAA competitors who have gone on to have a successful career in other sports :

CYCLING – VICKY WILLIAMSON

Vicky represented Norfolk when finishing second in the 2008 ESAA Junior 75m metres Hurdles. At the suggestion of one of her athletics coaches she switched from athletics to cycling.

Just 3 years later she competed at the Junior Track Cycling World Championships and won individual silver and bronze medals. At the 2013 World Track Cycling Championships, with partner Becky James, she won the bronze medal in the team sprint. At the beginning of 2016 Vicky had a terrible crash in a race that left her with life-threatening injuries. Amazingly she recovered to compete for in the Great Britain team in the 2019 World Track Cycling Championships.

At the end of 2019 she decided to changed sport again and is now a member of the British Bobsleigh team.

FOOTBALL – BARRY BRIDGES

Barry represented Norfolk when winning the 1956 ESAA Junior 100 yards title. This was also the year that he joined the Chelsea Football Club Academy.

Barry turned professional with Chelsea in 1958 and spent 8 years with them making over 200 appearances for them. During this spell, in 1965, he won his 4 England caps. He was in the original 40-man England squad selected for the 1966 World Cup tournament but was omitted from the final 22-man squad.

Barry later played for Birmingham City, Queens Park Rangers, Millwall and Brighton & Hove Albion making over 470 League appearances.